

Yin not victim, Yang not dominator: The essence of energy behind the “self”

There is often confusion about what is meant by the term yinyang. Many people will consider a state of a victimized sense of “self” as being more yin and a dominating sense of “self” as being more yang. From a purely energetic perspective the victim or the dominator expression is actually the same contraction called “self”, either with an inverted or externalized appearance, that's all. As far as that goes, yes we could say that victim is a more yin expression than dominator which is or more yang, BUT what we cannot say is that yin *means* victim and yang *means* dominator, that is something very different.

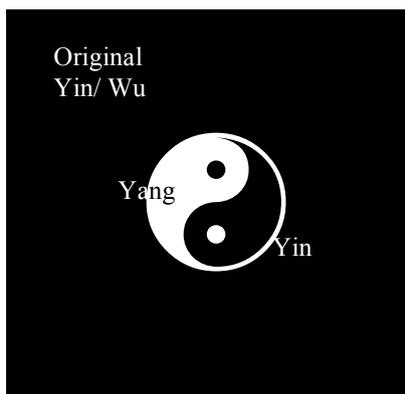
Yin is an energetic quality, therefore it can't have a “personality”, as such it is a totally impersonal yet deeply intimate description of something. Hence yin means that which is soft, dark and cool in quality whereas yang means that which has hardness and is lighter and hotter. So therefore the tension, heat and hardness of the “self” in both the introverted victim state or the extroverted dominator state is essentially a form of yang, it is in fact a dis-eased or warped yang expression. So as an overall picture we could say the victim state is yin within the yang and the dominator state is yang within the yang.

People often consider the yin to be “weak female”. In fact in the Tao Te Ching the writer goes to great lengths to explore the yin nature as “being like water” which is a representation of the Original essence of life from which all of life is born and eventually returns to. This energetic sea is the “water” of life. In essence this quality cannot be broken at all times is totally One. Whatever it gives birth to it is never broken away from and whatever dies away never ends. Therefore what is fundamentally yin or yielding, which is the mother or life itself, is essentially the “strongest” thing there is as it cannot be broken, this metaphor represents the yin quality that is in the background of life. In the human expression this represents the yin-female quality which stereotypically is the expression of yielding, but this yielding is by no means weakness. It is often noted that there is a sensitivity and a special quality of the female to notice things which the yang-male may miss in his narrowness. However the narrowness and superficiality of the stereotypical masculine expression complements the yin expression, as such he is more brittle and often more unyielding than she. She might become very upset and express her feeling, he does not and hardens, as a result he is more brittle whereas like a vessel she absorbs the feeling and in the next breath passes it out, so she doesn't contain it in tension but yields to it.

This yielding quality of the yin is often seen and judged by the warped yang of “self” as “weakness”. And as hardness is prized, so plants and trees are “weak”, the earth is “weak”, therefore the universe is essentially a challenge to be conquered. This is the mentality of the warped masculine expression and is a misunderstanding of the yin. This madness is yang. The yin yields, but the state of victim is actually just as non-yielding as the state of dominator, it is an absolute idea of “myself” and as such this is not really yin, *both* qualities are a form of warped yang. The ego of a victim state is just as hard as that of a dominator state. So yin definitely does not mean victim. However the yang cannot be said to have the personality of the dominator, he is only the superficial, the harder quality and the light, this is his natural expression. Only

when it becomes warped is the yang about a “self”, whether be it the victim or the more classical yang expression, the dominator.

Hence yinyang is expressed as the yin backing the yang, the yin first, the yang second. Also it is not a personality formation life victim or dominator, it has no such expression it of course incorporates all such expressions as *all* are a form of energy but yinyang is merely the descriptive not prescriptive / judgmental expressive tool of humans. It is something we use to understand something energetically without judgment and thereby makes it the clearest method of cutting through to the essence of things without the ridiculousness of judgmental ways of expression from personal ideology getting in the way of clear-seeing. If there ever was a “science” of objectivity then I could be said hat yinyang principle is one of the clearest ways of expressing phenomena energetically, and as such points to a deeper reality than the dualistic notions we often identify with. The nature of yinyang is never two always within a circle and expresses the Oneness fundamentally backing all of reality. The background or Original Yin is known as Wu or no-thingness where as yinyang is a flux between nothing and everything layered on top:-



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