

## **The inertia of physical symptoms: How even after fundamental cure, the body can die.**

The difference between ancient and modern focus in relation to the symptoms of the body is vast. In ancient understanding symptoms of the body are seen as directions back to the centric instinctual sensitivity which has been lost in the madness of the hallucination of “self” and all that goes with it. In modern times however the symptoms are the be-all and end-all, the whole focus is on clearing or “fixing” the symptoms through some bio-chemical or physical catharsis. However these all have side-effects and are not really the healing, healing occurs when the root of dis-ease is finally connected to.

As expressed in numerous other articles, the root of dis-ease is fundamentally a sense of separation between a “you” and a “me” which is a dis-ease of the human’s cognitive process passed on to the infant, through to childhood and beyond into adulthood. The nature of dis-ease is the nature of the human adult and his/her set of behaviours which are conditioned and moralized and interpreted through analytical processes all stemming from the foundational software of “self”. Though it exists as a form of contracted energy, this “self” isn’t real in the sense that it thinks it is, i.e. as a phenomenon which is separate from all of the universe. But the “self” will not be dissuaded from this, for that would mean an ending of itself and therefore the contraction of that feels dangerous and terrifying. This formation of contraction which we call “self” has a life-cycle, as do all phenomena in nature, it increases from childhood until the peak of growth, then can possibly fade away or may abruptly end through spontaneous re-connection with natural sensitivity. Its passing away cannot be forced to occur, no amount of practise or pursuit brings one an iota closer, although the ego may think that this is the case! Basically nature forms the contraction and nature allows it to fall away, it is all out of “my” hands. One can get a sense of passivity about this expression, and “just not doing anything” but in fact this is the realization that there isn’t anyone doing anything, whatever is ultimately done or not done has no-one pushing the buttons. This eradicates the whole notion of choice and free will which are simply perceptions of the world from within “self”, not outside it. (Please see <http://www.theopensecret.com>).

However the dis-ease of “self” was the main issue for the practise of ancient medicine. It was known that wild-nature was the key, as was the nature of the infant child because of the totally uncompromising nature of the infant and of wild-nature. They are what they are and they express directly what they express. This is therefore our constant, our bottom-line or first premise when looking into and evaluating the human-condition. “Eden” has not been lost, we simply can no longer see it. In the brilliant so-called children’s 1991 film “Hook”, the story of Peter Pan is re-lived, this time with Robin Williams playing the grown-up Pan who got married to Wendy back in the UK and forgot completely about Never-land. Peter now finds himself in the Never-land of his past which includes the Lost Boys, who have to re-train him to “remember” his childhood-ness again. The genius screenwriters James V. Hart, Nick Castle and Malia Scotch Marmo write directly for the adult, even though hidden within a children’s film, perhaps how J. M. Barrie would have wanted his point put across. In a brilliant scene Peter sits at a table with the Lost Boys and they are about to eat, yet Peter cannot see the food, it is

only when he lets go of his analytical process and stops seeking directly and starts to “play” in the children’s spontaneous language that he suddenly sees the food and can eat. “Eden” is an example of exactly this same metaphor in the Bible, it is already within our perceptive range every moment yet constantly dismissed as “trivia” or “childish”. It is not that the Lost Boys or children in Barrie’s novel don’t want to “grow-up” it is in fact that they are sensitive that this is a dis-ease they don’t want to get, they want to be free and live simply. This message is about the process of freedom from the “known” of dis-ease and of “self”, it is that when we start to play and let go of the known, engaging with life as a child would, innocently and without re-evaluation or intention to gain or get, then there is a total openness and hilariousness about our preoccupation with the self-importance of our lives, or even the self-importance of non-self-importance, which is another hall of mirrors if ever there was one!

The nature of the process of letting go of the dis-ease state is the shedding of the skin of adulthood and living with an infant’s perception through the adult body form. This is the ancient approach to instigating or coaxing the curative process in medicine and is non-interventional. The plucking of the apple from the tree when it is ripe or waiting for it to just drop into the hand is the nature of ancient medicine. So in the process of watching natural cycles one gets a sense of how dis-ease manifests and how it has its own cycle of increase, ripening, decay and death. In the end even though the clarity of “self” is strongly present within the human lifetime, always at the moment of death there is a return to Eden, or a return Home as “self” has to die when the bodyspirit transforms.

Therefore cure is a situation when the dis-ease of “self” is no longer present or is lessened in the expression of the person and as a result they feel more at ease, with less requirement to try and prove and more of a letting go. In some cases this is “a long road” because of the resistance and the unrelenting attempt to “get there” through whatever means. This is the road to Damascus or the long road of the monk or spiritual seeker who constantly feels “humbled” in following their “chosen” path along with their teacher to its conclusion. However it really isn’t a path, it only looks like it, just as there is a misconception about Tao meaning “the Way” in fact this is not true. From its ancient character root Tao is simply allowing the feet to take the lead, or literally “following your feet”, not your head. This is the nature of the expression and as such there is no “improvement” to the “self”, no polishing, no way or road, simply what is, as it is. This however is not seen by the so-called clarity of some of the finest “teachers” of Classical medicine and Classical understanding of the world and instead is replaced by a hierarchical “old-boys’ network” ideology which has nothing to do with medicine of the infant. It is aligned with the dis-ease and dissonance of the adult’s ideas and mentality, shrouded in as many disguises as can be found. In the end however this only conceals itself from itself, here again are the mirrors. It isn’t how much you know or how long your experience, it’s the approach one takes and if there is simply a listening to nature and the instinctual sense with just these innate feelings, the direction in life takes care of itself and dis-ease is never thought of again.

Therefore dis-ease is the warped sense and state of mind that is about separation, seeing things as separated poles or as absolutes. It prevents the actuality of what is happening

and clouds the judgment, like the “holy” practitioner who, on seeing his patient who has just got off a plane journey around the world, suggests that their back pain is due to emotional issues rather than simply not moving! This seeming concealment of the obvious is rife in the world at large and in our everyday existence, the assumption of knowing and of enforcing one’s own ideas and judgments on others is simply the cloak of ego being applied, which is also the dis-ease process attempting to spread throughout the population, utterly blamelessly, for it is not a personal issue. People don’t do these things on purpose, it is just the nature of the resonance of contraction.

So the dis-ease is already manifested in the world, yet in healing it is seen that this can evaporate, and the nature of “Self” can to some degree drop away, though interestingly the body symptoms can have inertia and continue on as before.

Let’s look at the nature of disease like a ball and chain. The dis-ease pattern is when one gives momentum to the ball and starts to swing it around the head, picking up speed and momentum, this represents the increase of dis-ease from early childhood, the wielding of a metaphorical slingshot or medieval mace for “protection” against the separate and threatening world. This spinning continues, using up the body’s energy, making the muscles tight and tense. As the years go on dis-ease sets in, the process of spinning this ball gets tiring and weakening and the stress of holding it up and keeping it going mounts up. Gradually we are told we have a problem and we come to realize the problem is cancer or is some “serious” illness that just won’t go away, it demands the attention as a direction to the body to stop the spinning action. Modern medicine focuses on the spinning ball and tries to get it to stop it moving. Ancient medicine asks the person why they are doing this and what happens if the body just *doesn’t*? What does it feel like? The ancient ideas simply remind the person of the instinctual senses, asking the questions “do you need to do that any more?” “doesn’t that hurt?” and this instigates the process of a return to the child-body sense and therefore a return to instinctual sensitivity outside of the adult self-state-cognitive-process.

Breakthrough comes when sensitivity spontaneously comes back and there is a felt sense of what feels good and what doesn’t. At this point because there is simply a ripeness for nature to be seen or heard at that point in time and not because of the practitioner, there is a letting go of “me” and so the hand spinning the ball of dis-ease slows and eventually stops. However the ball itself has had years of inertia, it has years of physical energy that have been accumulated, so even though the nature of the patient has changed and they are more at peace the inertia of the ball can be enough to have cause too much necrosis of the body tissues for recovery and the body doesn’t have the energy to repair the damage done. This is a movement towards the end of life, however it is key to understand that from the breadth of view of ancient medicine this is already cured.

This is so difficult for the modern mindset to grasp, even after years spent in the so-called “study” of ancient material it is exceptionally rare for those who have done this to come out with a clarity of true understanding, instead they often come out with their own ideas exaggerated by the perspectives they think they have seen, but actually have misinterpreted. Immersion really allows one to see something if there is a letting go

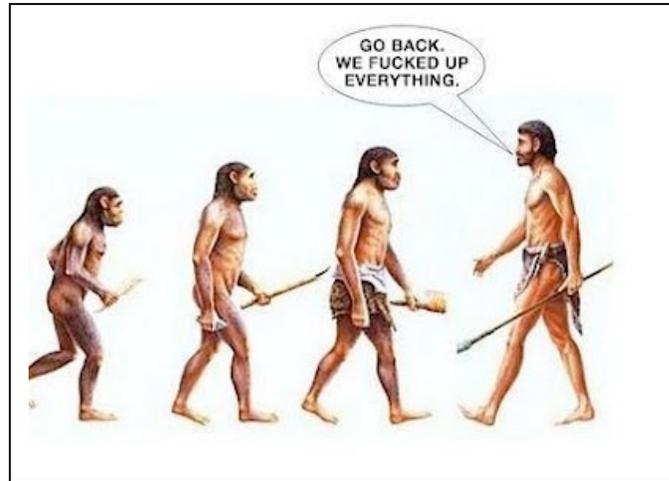
process. In my own life I have seen many people who spend their lives focused on trying to see this and truly and seemingly earnestly “working at it”. But actually in doing so they only misconstrue themselves and their own process for the breadth and depth of what nature expresses when unhampered by rules, regulations and traditions; as a result they touch the surface and narrowly claim it as their own whilst saying that it is not *really* their own. It is all self and self-deception.

The true nature of healing occurs when “I” least suspect it, in fact the process is usually blocked when there is a perception that “I” can do something to “do” it. But even when there is cure, the symptoms can still increase for a while and continue the course they have been following but yet they have no real purpose, it is simply the ball spinning around yet without a centre, so inevitably after a while when cure occurs at the root level, so the symptoms most often fall away, especially when dis-ease is picked up at a young age or when there is not so much power or force in the process of spinning the ball. This is why a patient can be cured and yet die. Or a person can be in pain and yet at peace. While these things seem contrary, in the treatment of the terminally ill it is very clear that these issues constantly come up and are understood. The end of dis-ease is literally the death within life of a pattern, it is the end of a “me” at the centre of existence, or at least the end of an absolute idea of “self” and an allowance of nature to run its course and to live *through* one. Symptoms will come and go, if it has the power the body energy will heal itself so the only real obstacle is the resistor of “self” getting in the way of this natural self-healing. Nature heals, the healer is simply a part of the hand of nature, if you will, and healing occurs sometimes, when they are not the “me” within the process. Healing occurs purely as an innate expression of natural behaviour that would have present from early childhood, a person is a healer by nature not by so-called “choice”.

The various attempts to stop a ball spinning while the hand is still trying to get it to spin are all limited, and are symptomatic interventions just as with the so-called “healer” who wants make medicine something more “adult” and x-rated than it is. In fact medicine is literally child’s-play, it is no more or less than the touch of a child, the re-connection to what it means to be a child again and to drop-out of the adult ideology that blocks one’s sensitivity and innate being. When the nature of the child is recognised to be the sense that is passed on in healing, then healing is no longer localized to those who “know” and those who “do” and it is expanded as demonstrated in the genius work of Patch Adams with children and the relation of humour in healing as a key and vital expression:  
<http://www.patchadams.org/>

The seriousness of medicine is associated with the adult who believes in its own importance. When this drops away for both the patient and practitioner the cosmic joke is revealed and for a moment there is total hilarity before it lets go and simply life is lived as it is, without judgment or equipment to persuade others, without passive-aggression, dictatorial statements or self-righteousness, nor direct aggression and attempts to control. Christ said “blessed are the meek” but the true message is “blessed is the infant and the female nature, who shall inherit the earth”, this is also the nature of the indigenous person who from the beginning of time has known that the only way to live is simply, and living is truly the expression of the human-animal born of instinct. Talking the talk and walking

the walk are utterly different and quite simply you know the truth when you feel it, don't believe the hype.



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30 / 1 / 2012