

The corruption of the charismatic-yang: leadership from the yin and the role of the yang

I have written many times about the nature of the relationships, how we interact in the world and the nature of the “self”. Perhaps too often I have reiterated the point that the yang quality within human nature has lost its footing and has been driven mad by an unknown force that we might call the human-condition, yet this remains the single most important issue facing every sphere of humanity. This website is primarily focused on health and medicine because this is always foundational, however of course its connotation parallels all areas of society and so-called civilization.

The foundation of what is written here is based in the utter simplicity of the Tao Te Ching’s expression at its essence and also simply by connecting to nature. With these as a guide, the processes of understanding the difficulties of life are made very simple. Many people will assume they “know” the essence of what nature is expressing and many of them will assume the role of mentor to others in this regard. However in reality the fact remains that there is no teacher and in the end a let-go process occurs that allows one to see a bigger picture. Simply life can be experienced from the innate child-body, through sensory perception, and lived deeply, simply instinctually if you will. Yet many people do not experience or understand this, living in a world where we go to work every day or every night and suffer aching backs and the stress of our minds racing in the turmoil of everyday life.

Hence these articles are complex because of the nature of the complexity of life, they aim to connect to what is obvious yet is completely missed in the background of what’s going on. While there is no blaming or judgment here, there is process of differentiating the nature of the warped yang expression/ the human condition from the natural-state of the human. Whereas investigating “self” is something that others have done in the past there is often an after-taste of somehow attempting to “bring people to my level” through looking at “self” and suffering in order that “my” feeling of inadequacy can be vanquished, or conversely to be the one who can see the big picture while others cannot. Essentially this is what Tony Parsons (see <http://www.theopensecret.com>) calls guru-mind or the nature of a person who essentially is involved in a kind of spiritual one-upmanship. Although this can be seen everywhere it is not the process expressed here. This is an exploration of what is going on experientially for people and an attempt to view the world differently, questioning all of the premises we make along the way. This is an experiment or a description, not a prescription. The following therefore is an extension of a suggested way of looking at life and the roles we have in society based on natural formation rather than the delusion of “self” and choice.

There are 4 general groups of people we can categories for simplicity in order to understand the problem:

Yin female

Yin male

Yang female

Yang male

These four represent from top to bottom the energy of the service or of-service or resources of society being the yin female, through to the exterior of the body being the yang male. These can also be seen like the inner organs of the body all the way through to the outer surface and muscles of the body-of-humanity, if you will. The yang within yang quality is the key expression which in almost all cases is the free-radical that has the potential to corrupt the whole of society...but how and why?

The yang male actually has the quality of powerful leadership but is of the EXTERNAL expression of the body of humanity, he is the expression of a commanding power and is a natural leader, charismatic, clear and magnanimous in his true expression. Yet because the nature of the human-condition of “self” is associated so strongly to the head and the upper body and the yang male has this kind of energy in bucket-loads, what normally happens in today’s society is that these people aim to take control and they move from the potential of being an auspicious and overseeing protector and out-looker or guard for the overall expression of the body of humanity, in a way just as in-service to the inner body as she is to him, and instead he turns into a narcissistic dominator.

This narcissism can take many forms, but generally it is about attempting to move into a situation of power and control over others. This can just as commonly happen in a clinic where patients and students are controlled, or in a “friendship” where one person who is lower is moralized by another person who assumes the upper-hand or in situations where there is an attempt at one-upmanship and a pushing to be better, to “make a name for myself”. Then there are the more obvious situations of hierarchy and power such as in the police, ambulance and fire services that are more the natural domain of the yang male expression.

The problem is that when fired up by “self” the yang male expression has no sense of themselves in relation to others, there is no outside, there is just a powerful contraction of the inside, which is why these people actually need a lot of space and openness physically around them in order to be balanced. Because of this there is no communication, there is a locking off of the inner and the outer worlds, this means that a yang male is constantly looking for a situation in which they will feel okay and can deal with “their lot”. They are not really interested in engaging with other people unless it is for their own benefit, the focus is very “self”-based. Very often women will be irritated because they feel these people do not “listen”, which is in fact often this is the case. However, the reason they don’t listen is because the energy they have is being focused incorrectly and as such life becomes a struggle. In order for them to listen they would have to be a different energetic formation.

When the yang male warps his natural expansion into the situation of being a healing guru or wise-man, the one that “knows” stuff “, people come to him when they are down or misunderstood in order for him to put them on the “right path”. This is all a process of hidden smoke and mirrors and of self-deception. For the yang male this is unnatural and

so it is really that this person is playing a game and a role in order to make themselves feel strong, or powerful or “above”, that “I know” and “you don't”. As we all know this happens constantly so instead of judging let's look at the energetics.

The nature of the yang male is warrior energy, they are the energy that is rugged enough to weather a storm or two and enjoy the experience, they are fighters and winners and understand the nature of the camaraderie of the masculinity and brotherhood that is about the use and expression of the yang. But this quality has to be understood and harnessed as part of a bigger whole. As a fundamental expression the male yang naturally is like the skin or muscle, it is in-service to the inner body of humanity, the inner workings, it is not aggressing or using up the resources or raping and pillaging the inner world, this would be similar to the nature of an auto-immune dis-ease. Yet this is exactly what we have today, when the skin invades the inner body, so to speak, we gain a binding of the tissues, a blocking of the process of the body, the body attacks itself, the protective systems now damage the inner workings simply because they are assuming the wrong role in the whole picture.

The narcissism of the male yang under the influence of the dis-ease of “self” is fundamentally a major irritant to life, its focus as it becomes individualized is to separate itself from other people and as a result to form nuclear family ideology, this is mine and that's yours, an air of intolerance and judgment even hidden in the processes of health and healing, a realm which in fact is not their own. Very often it is plain to see someone who is not suited to the work they do, they may think the situation they are in is intellectually interesting or they “want to help” or feel it's the “right thing” to do, but because that ideology contains a multitude of corruptions to sense they constantly run into difficulties, feeling isolated and irritated at always being thwarted in their attempts to gain control or power in the way they would like, to become the “big-man” or to “rule the empire”.

However this occurs because they are in an area in which they do not belong, and also they are attempting to run away from their true role and true nature that in fact is impossible because it will always be present. The easiest thing in the world is what a person *is*, not the thing one has to work at to achieve or has to go through the long hard slog to do. The thing that's easiest comes to a person eventually after they have hit their head against a brick wall for many, many years. For the yang male this position is always as the external protection and expression in the world, in a way is the skin and muscles of society and the nature of protection and direction in the world, also provision through hunting and the call of the wild.

The brilliant work of Tony Dies at <http://www.trackersearch.com> is an exact expression of this. In Tony's programmes which are fundamentally about a reconnection to nature through the true acceptance of the expression coming through the “me” naturally, he finds ways to allow a person to let go to this, via an array of approaches to ancient skills of tribal ancestry so you have a sense of how you would fit into natural order within a natural family or tribe. The process of doing this is instigated simply by instinctively going towards a programme from a list of archetypes: The Ranger, The Wilder (or crafts person), the Marina, The Artisan, etc....these offer different roles demonstrated by the

different people that make up a natural tribal community. This approach is brilliant and profound in so many ways, it allows one to see oneself in the scheme of things. It takes away the idea that there is choice in the matter, that I “choose” to be a doctor, or a hunter or a crafts person. Inevitably, sometimes through trial and error or finding oneself literally in water too deep to swim in, one finds that either one has what it takes to be a particular quality or doesn't or that one has other innate skills better-suited to something completely different. There is no judgment and a total acceptance that all who participate will find their place and know their nature through finding out what that are naturally good at, not what they think they should be but what inevitably they actually *are*.

This is the key issue with the yang male today, they need to find a way to really investigate who and what they are and to using these skills in the world, not to augment them into what they think they should be or put their strengths into areas which will confine them to a small space and prevent them the expanse and expression they need. BUT there needs to be the realization that their power can be corrupted and can be dangerous if used in the inappropriate places within a natural-society/tribe.

A person who naturally needs to express their energy, is outgoing, active and has a strong a powerful physicality/spiritedness needs to be using this in the outside world, inspiring people, speaking to them openly and drawing their attention, especially that of the male. They need to recognise their quality of protection and strength and their true place, and to be steadfast in that place and not spend too long in places in which they do not belong. For a yang male to engage with the yin female's activities of infant care, healing, and often domestic steadfastness and security would be to completely undermine the balance of the process of nature. So too for a yin female to enter into the hunting and protection of a tribe would be the inappropriate position for her. Also it is not believable for a yang male to be a healer, in the same way it is not believable for a midwife to be a protector of the realm. The point is that when people move into their natural state their position is known to be true by all around them and as a result they start feeling comfortable doing what they re doing, not struggling and pushing to be what they are not. There should be no guilt for the male being male, it is all they can be, no more and no less, just as the female can only be this. This is the balance of nature. It is amazing how many yang male expressions will fight to the last to protect their very small idea of what they are and who they think they ought to be, rather than being what they really are which to some is repulsive to their ideals and so they do not engage with it.

The nature of the human animal is beyond ideals. When the yang male enters into the female or inner realms the problem becomes manifold in its dis-ease. In Chinese society the heart was likened to the emperor and was usually a male, however in medicine and in the Tao Te Ching we recognize that the heart is actually yin, it is female rather than male. Hence the key problem with the Chinese Emperors is that the males were in power and in leadership position ON THE INSIDE of the body of humanity and this is the wrong place. In fact much like a beehive, it is actually the female that appropriately is the inner expression or the resource to society, the inner balance of the natural expression and a resource to her people. Not only that, she is not in-power but is essentially a servant to the people and to the whole realm. The place of the yang masculine is as the expression

of the border and the protection of the female inner core, they are on the outside and their leadership therefore is of the direction or outer border of the whole tribe. The inner core does not have direction, it is the outer surfaces that are sensing this and they sensitively respond to the inner core and tell her where they are going so she knows and follows suit and, most importantly, *it is for her that they serve*. The problem is that this whole idea became utterly reversed and for so many years, even from the times of ancient China, the male yang has dominated and involved itself in areas it should not meddle with catastrophic results for the whole.

For the yang male the hardest task is to look at oneself clearly to see who and what burns at the core, to realize the nature of the anarchic expression that one is and to follow this to the fullest extent, leaving behind the ideas and concepts of what one “should” be. This ultimately leads to a freedom for all, it stops the possibility of medicine being corrupted, or gurus being formed, prevents pollution by the political systems and the rise to power of the masculine on the inside of the society, instead allowing them to go to the place where they have the room and space they need in order to be themselves and also to be of greatest benefit to the whole. This does occur in society and there are those who have this realization and try even in a small way to express this, like the example of trackers earth.

The “self” is a contraction, it’s a presentation of ideas that “I” am separate from “you” and that fundamentally “I” exist at the centre, more than anyone this is a heavy burden for the yang masculine, these people hold the biggest burden. However when they know their power and fundamental expression is as the pioneers and the utter expressions of society they can engage with this “self” much better. Through the trials and tribulations of the contact with nature and in drawing people into resonance to this, there can be an exhilaration which ends the grasping process of trying to chip away at an existence, instead expanding the person to the full prowess and magnificence of the stallion, the lion, the wolf or the bear that they are. These archetypes are by no means irrelevant for the warrior energy still exists, but instead of incarcerating it in a room or in an arena that doesn't fit it, it is best to find the place it naturally fits which will allow the “self” to be in a mode to let go its angst and at last rest in peace. For the yang it is the thrill of the chase and the movement into life and nature that will bring peace, not in the focusing in the female realm or in the idea of the guru. Instead of going inwards their path is to go outwards and to expand, and in doing so there is peace for all involved. The pressure is taken off all of society and things move into alignment with nature.

To a lesser extent this is also the way of the warrior female spirit, that yang-female whose mix is that of the yang and the yin but she also needs to expand and not involve herself internally so much. The internal world of the yin is dealt with superficially by the male yin expression and deeply by the yin within yin expression that is the sacred heart of society. Always the focus is on her and what she needs, this is the way of the matriarchal society of old, the ancient and most precious understanding that has largely been lost now although there are still threads remaining.

For both the yin male and the yin female the pressure in society today is about conforming or being led by the inappropriate position of the male or female yang taking

power from the central position, meaning becoming little emperors and empresses. However there is increasing recognition of the obvious ridiculousness of the nature of yang male and yang females intolerance and it is clear there must potentially be another way. Fundamentally the nature of the yin-female is to hold the centre and she does so by being still. The nature of the heart organ is as a vessel, it is still and calm within, this is the same expression in society. When the female is allowed to be the one who holds to the centre and the male leads from the exterior, then this is a true connection. Leadership is therefore is about direction and outer-overlooking rather than domination from the central region, it is only appropriate to have the softest thing at the centre and the hardest externally, which is why the muscles and limbs extend externally but the vital organs are soft and within.

Chapter 17

The Natural-human attends to matters without contention, they “exist” only

The leader is he who tries to be like a parent-teacher whom the people look up to and praise.

The dictator is he whom the people fear

The manipulator is he whom the people treat with contempt.

If there is not fundamental trust the people’s authentic Nature, any so-called “leader” will be met with mistrust.

The Natural-human allows the time to pass, his words emanate from truth

When bounty is had or task is accomplished the people all say “We just live Naturally”.

Chapter 28:

Know the male quality

Is rooted in the female quality

Is thus an open valley of the universe

Without swerving from innate Nature

There is Return to the state of a new-born babe.

Know the bright

Is rooted in the dark

Nature’s example is expressed in following the innate Nature

Through the constancy of Nature’s expression

Innate-perfection is limitless

There is Return to the infinite.

Understanding the madness of the idea of “glory”

There is a Natural draw towards peace.

This is the open valley of the universe

From this open valley of the universe, which is ever true and full of nourishment

There is return to the state of the Uncarved block.

When the Uncarved block is broken into pieces

The Natural-human sees and uses them as instruments of the One-Source

Hence the greatest cutting

Does not sever.

Chapter 42

Naturalness is Oneness

Oneness forms within it Twoness

Twoness forms within it Threeness

Threeness forms within it all the manifestations of life

All the manifestations of life are wrapped in form-yin and contain spirit-yang

They are the blending of polar qualities of Oneness.

There are no feelings of greater suffering than to feel “orphaned”, “desolate”, “worthless”, yet kings and princes might see these to be worthy of consideration.

In such a way something is raised up by diminishing,

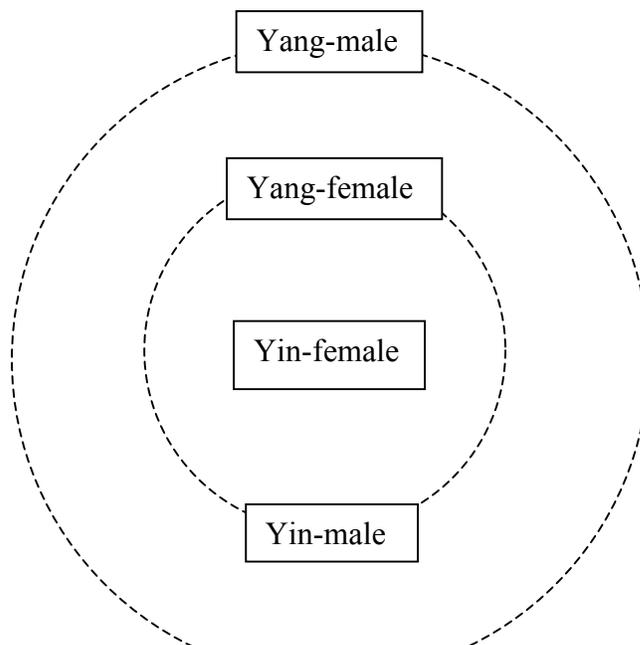
Also something can be diminished by being raised up.

What is explained here, has been explained countless times:

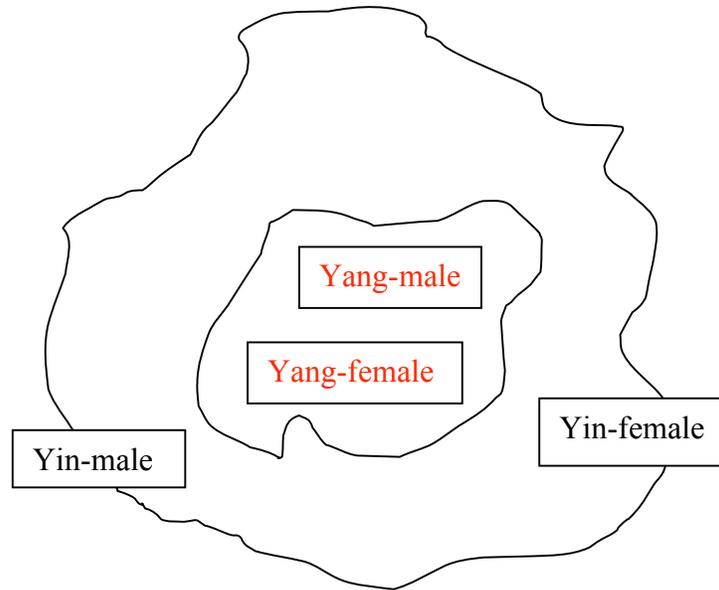
“Violence leads to a quick life and violent transformation.”

This is the essence of what is spoken here.

All of the above are a question to the position of the kingly dictator who is a Yang Masculine and are asking him to let go his position and to return to where he belongs and also for the female qualities to take the place of the male. This is metaphorically and literally a process of abdication of the throne of the masculine and the throne being given to the person who is least thought of as “powerful” and “dominating”. This is the position of the yin female and as such when she takes this position she doesn’t not abuse it, she just stays still and is directed by nature through her. In today’s society the yin quality has to look towards nature and the natural sense to know what is true and differentiate what is real from what is false. When it comes to the heart of medicine this becomes even more vital as medicine is the domain of the female yet for many years has been hierarchically ordered and dominated by the male-yang, this can be commonly seen in birthing wards around the country. The following diagram offers a basic structure of natural society as extrapolated by the Tao Te Ching from natural sense nature:-



However society as it is now has created the following distortion:-



In Confucian politics the yin are often considered as foot-soldiers that can go into battle for the yang dominating dictatorial leader. This shows how warped and yang the Confucian picture is over the natural clarity of the yin which is female-based and connected to the realization of non-forceful action and acceptance of the natural position of the yang and yin. The above is also expressed in beehives, in primate social structures, wolf packs, it is the fundamental model of most peaceful species on the planet. The enslavement of the yin via the yang male both of the yin female as slave and the yin-male as “worker” arouses the aggressiveness of the yang-female to try to redress the balance but usually with the same forceful intention as the yang-male’s so she becomes a war-queen such as we saw during Margaret Thatcher’s rule.

Inevitably this is also the basis of situations of infertility within society. When the yin in both the male and female feels that the yang quality in both the male and female is corrupt and dis-eased, there is a process of the yin grouping together and the yang grouping together, strength is found in numbers and the yin therefore no longer mix with the yang. This type of problem is highlighted in the modern day problem where “ideal

partner” is seen to be someone who is very similar to yourself, rather than being able to see the bigger picture of what each are within the whole as “fingers of the same hand”. Because of the ravages of the “self” and its distortion of the yang quality, the yang’s focus is on individualism and so upholding the individual means attempting to create cliques, not tribes. Tribes aren’t constructed, they occur naturally, involving many members who are all naturally different from one another, this forms the whole nature of the tribe which then interacts as part of the larger tribe of nature itself.

The yin female is becoming increasingly wary of the yang, ever-more anxious as time goes on. The dis-ease of the yang is passed on to the yin as anxiety, just as the phallic snake passes on the fruit of hallucination of “self” to Eve in the metaphorical Eden. This passed-on process is a message of yang corruption and division. The yang wants what it wants, it is known as a ravager and a leaver, a person who wants to control and enslave, to be obeyed, it views the yin as someone to “have and hold” not to be freed and to be allowed. When there is a point of intimate-impersonalness of yinyang, there is no division, no time of separation or break-up, it’s always been one. Yet this kind of connection, the connection of innocence is now a rarity, so much of what we call relationship is actually a form of violence or abuse within the true expression of nature. The yin backs off as the yang advances, there is “mis-trust”, fear, wariness and desertion, and as yin and yang split so there is energetic infertility.

The world of the yang is based on the superficial, the visual, the outer, everything is focused on this and is seen as separate from the whole. The mind too is outer, colliding with the visual and the “self” to form the dis-ease of attachment and addictive-desire, which simply is an inflammation. The yin sees the inside, feels kinesthetically, does not see but hears and listens, and so there is a completely different perspective here which the yang misses out. Without the visual, the world is “seen” deeply very often, and as such connections are more real.

All of us have roles to play in the scheme of things. While there is no path to peace there is a process of the “self” ripening and letting go, which is always about letting go of what I think I am and then a realization of just *being* what I am. When this is recognized something else happens, a quickening of sorts, in that nature responds and everyone and everything opens the doors wide because there is a realization that I am That.

Instead of fighting and pushing, trying and forcing, just do whatever you find is the easiest and that is the thing you are in bodyspirit as one expression. This realization comes quicker when one can identify the nature of the expression you are, rather than what you think you want to be. If you are a yang male, then there is a deep realization that needs to be understood, which is that you are like a bomb to the inner body and you will take out a lot of people with the energy you have. Yet take this quality to a plain of expression where you are able to be free and you became the angel Michael and are loved as an expression of peace and power. Being “what I am” is not a seeking, it’s already with you and always has been, it’s just that getting sidetracked into believing you need to be a healer because you are hurt or thinking you need to be a nurse because you need to be helped, is really an entangling and kind of transference onto the idea of what it is that

you actually want. What you want is not necessarily what you are, who you are is not necessarily what you think you should be. What you are is what you are and until there is acceptance of this, life becomes a rat-race of control and power issues, painful rejections, trials and errors, feelings of failure, a constant uphill struggle and frustration that “I” can’t be what “I want” to be. However, it’s not your choice, never has been and it never will be. What you are you have no choice in and this takes some getting used to.

When this is known it can be loved/accepted and engaged with as a blessing not a curse and herein lies peace, be it for the warrior or healer. When charisma is seen for the fire and power it is and given the space it needs it become a bright glow of the magnanimous masculine rather than the dictator, the dominator, the guru, or the victimized and grasping hand trying to hold onto threads. Be the power you are, know this power and go to the place where it can be in sync with the whole, leave the centre for the yin, stay away from the heart, for if you love her she will always be yours. But take her life-blood and become dominated by the “self” or the ring-of power in Tolkein’s “Lord of the Rings”, then the result is a corruption of the charisma and the end of the humanity. This is a call to all those who are yang males, live your life as you are, do not compromise the truth within you, but before you bind to a position, get a sense of whether it’s really you, or just the image you want to portray or pretend. You no longer need the burden of image to be free.

David Nassim
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