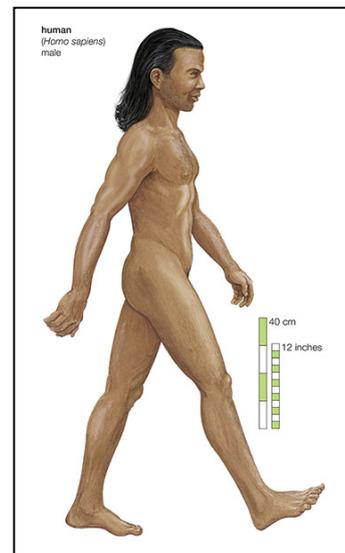


**The beauty of “stupidity” in cold climates: how the Neanderthals were the only humans ever to be adapted to cold and how Homo Sapiens are tropical primates and mal-adapted.**

What we recognise as the “modern” human is actually a version of “Homo Sapien”. Upright human has 2 main groups associated with it, Homo neanderthals and Homo Sapiens. While it is not clear it is highly likely that both groups intermixed to create the diversity of humans on the planet today, however the Neanderthal lineage is less than the Homo Sapien. Neanderthals go back much further than Homo Sapiens as cold climate dwellers, much longer. Whereas the Neanderthals are obviously different looking, the key difference in our groups is that the Neanderthal is much better adapted to the cold. If we look at the differences between a woolly mammoth and a standard African or Indian elephant it is clear the type of difference that we find also with our cold-climate cousins.



The Neanderthals are likely the first peoples to have moved directly out of Africa and moved north, this must have happened over very long periods of time. As a result the Neanderthal was well adapted to its climate until it became even colder and food scarce, which is when the Neanderthals and many of the animals of the Ice Age all died out together.

After the Ice Age or at the end of it, the second wave of primates from Africa emerged and went north, these new populations of humans were the Homo Sapiens. The movement from south to north or from heat to cold was very fast for this group,

very different to the hundreds of thousands of years of adaptation of the Neanderthals. This meant the Homo Sapiens had to rely not on the actual ability of the body to deal with the cold but had to invent a lot of other tools that allowed the humans to deal with the cold, something that the Neanderthals had not done. The main difference was the Homo Sapiens' processes of the mind: their ability to be sophisticated and complex in their thinking allowed them to make clothing and shelters and tools that the Neanderthals did not have the mental-abstraction to engage with.

We see the Homo Sapien as a trophy of modern times and we believe that the Neanderthal was "stupid" and so could not adapt as well as the modern human. But this overlooks the key question.... has the modern human really adapted? Or are they playing games with tools? Actual natural adaptation is of the body, it is the physiological mutation to deal with an environment. The Neanderthals had thicker skin, stronger bone structures, a considerable amount of hair still on the skin, they could deal with the cold. The Homo Sapien is truly a naked ape, without the protection of fur on the skin. They had lost all of this due to the high temperatures of their origin. The fur that covers the backs of most other tropical primates does so because the back and outer body is all exposed to the sun from above, the chest is usually naked. In Homo Sapiens this fur has become useless, only the hair on the head remains in full flourish, this being the only part exposed to the sun as we walk upright. However fur is necessary all over for cold climates. The nakedness and head-hair-only of the Homo Sapiens is due to being both in a hot climate and being upright, the two together create mainly nakedness. Because of Neanderthals' requirement of adaptation, the fur all over the skin grew stronger to protect against the cold.

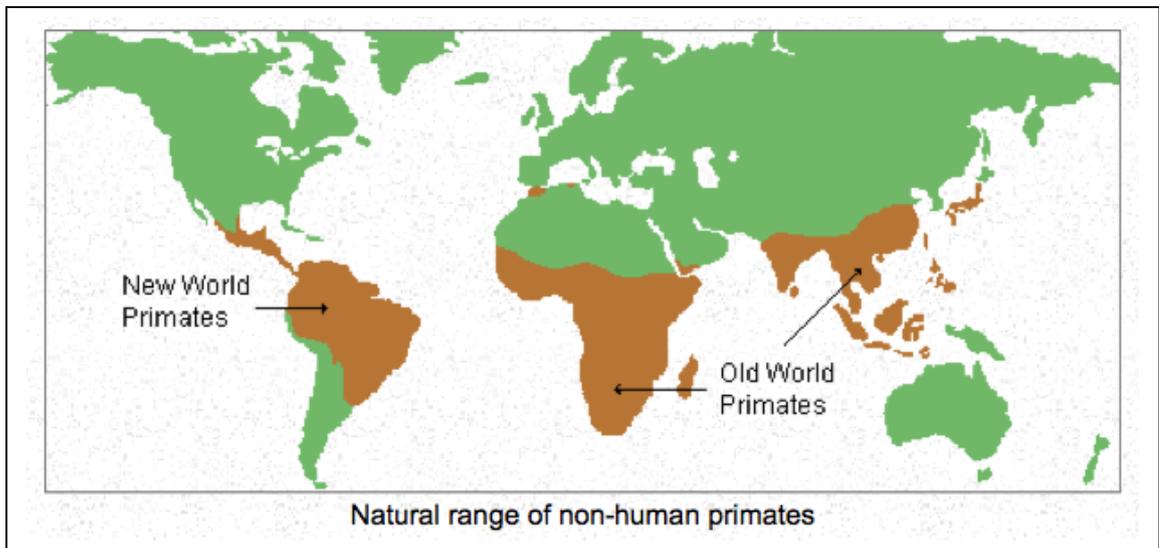
The Homo Sapiens mal-adaptation to the cold is the key problem of our times although we don't often recognise this. The modern human is so reliant on tools and so utterly connected to them that clearly without them they would die, but this is truer in cold climates than it is in the heat. If we think of what a modern human really and truly needs, it is and has always been: food, shelter and heat. We only need this heat component in cold climates, otherwise there is enough environmental heat for us to survive. In other words we need to think of what kind of environment works for the human by considering what we temperature we need to be in if we are completely naked! This is the beginning of using the senses rather than the mind to determine the true and honest expression of Homo Sapiens without "cleverness". It is one thing to "be able" to survive a harsh climate and yet another thing to flourish because it is what the body is naturally adapted to.

The Homo Sapien is a warm adapted organism that has been, over a very short time, introduced to the cold. As a result the technologies that they have produced to stay alive and shape the environment to suit themselves unlike any other animal, has actually formed a crutch without which it is impossible for the Homo Sapien to survive. We acknowledge readily that without many of our technologies we would be helpless and today's society is only a reflection of that which began with the Homo Sapiens being in a climate to which they were unsuited.

It is not true that the Homo Sapiens is a master of adaptation, actually they are masters of illusion, there is the illusion of adaptation by the use of technologies that prevent tool-less connection to the harsh environment. At least the life and death of the Neanderthal race was a matter of simple evolutionary adaptation, which was in

fact an impossibility due to the harsh environment, there is no attempt to "survive" using the brain but an acceptance of being the body. The Neanderthals were likely peoples who were very limited linguistically and technologically but this limit is the same limit as many indigenous people still have today, that of being part of the land and not impacting on the land beyond its means, the land is the controller of life and death. Therefore if it gets too cold or too hot and it is impossible to eat... life takes its course.

This isn't about giving the Homo Sapiens a raw deal but it is clear from very early on in human history that Homo Sapiens have always used brain or head first and then the body second. This is the foundation of dis-ease. The next change could be that there is a realisation that we need to return to a climate that doesn't need most of our technology/tools. If we look at the picture below it is a map of the regions of the world populated by non-human primates.



Notice that there very few populated regions which are in the northern climate and this is of key importance: the Homo Sapiens needs to be living amongst its primate cousins, these are the areas of the world where the energy of the naked ape will flourish without the need for cleverness to "overcome", a trait which eventually turned into capitalism and ambitious progress or formed the "because it's there" attitude. No other animal, nor the Neanderthal who came before us, had this attitude. It is a sickness purely of the Homo Sapiens, that of the fear of death which comes along with the ideology of identification of the mind and images. The point in human history where Homo Sapiens moved into this pattern began with cave paintings, again something the Neanderthals did not engage with producing.

In a way the difference of the Neanderthal vs. Homo Sapien is an exact replica in the modern times of the indigenous person and the colonial-industrialist that we have now become. It is also replicated in the interaction of child vs. adult or in those who consider themselves "learned" and those who are illiterate. In Homo Sapien behaviour there has always been a virtue-bestowed ideology associated with being "intelligent" and also being a "survivor", both of these are actually the sickness of the human. Cold climates have increased the problems for the already distorted mind of the Homo Sapien, it is possibly the origin of the exponential processes of technology that were

formed from the contracted mental state of being in the cold. This is because the cold climate draws heat inwards, it makes for a want for the human to be insulated from the cold. This simple fact is the process that, joined to the expansive human mind, creates an inner world which is very complex and a world "out there" which is separate from "me" and is cold and harsh. Also the pores of the skin close up in the cold meaning that heat is held within the system and there isn't a way out, which for the Homo Sapien suited to warmer climates prevents sweating and so the discharge of toxins. The Neanderthal must have been much more easily adapted, possibly with much stronger blood so not needing protection from the environment and not needing clothing.

The naked Homo Sapien is like a tropical fruit in a cool climate, without protection it will die, but clothing causes problems due to the internalization of body heat and this heat rising to the head, thereby furthering very active thought processes. When we, the tropical ape, attempt to insulate ourselves from the environment with an already increasing active mind, then this causes all kinds of confusions mainly about being separate from each other, from the earth via shoes and from the whole environment. The cooler the country, as we can see today, the less body contact we have with each other, the less procreative energy is expressed, the more internal disease and psychosis there is and the less general joie de vivre there is. This is a general theme with most temperate dwellers, it is both the foundation of modern colonial commercial culture and also of depression.

There was once a beauty of the Neanderthal which has been drowned in the modern human: the acceptance of being one with nature and so being an acceptance of its direction, not fighting to manipulate it. This is something that Homo Sapiens has forgotten during the very short time they been around and the even shorter time they have been in cold climates. As with the indigenous people of the world and our children, the Neanderthals are our roots, they are and have been living for eons before the modern adult attitude came about. Our modern dis-ease means we mix up the reality of the simple beauty of nature as being "stupid" or "old and worthless", or "young and ignorant", when in fact it is fresh because it is uncluttered by past or future. When investigating the origins of the Homo Sapiens we are investigating the origins of the human mind. There is very little difference in the modern human's and our ancient Homo Sapien ancestors' process, it's just that now high technology is not a stone axe but instead tablet computers. The war with the female quality (the Neanderthal being a champion of innate recognition of femininity) is something that still eludes the modern human which will come to an inevitable end when it is clearly shown that the modern human's mental state is at odds with natural movement.

As humans become more sensitive to the reality of life, the need to repopulate the farming lands of the tropics and the now deserts of the so-called "third world" countries of the world, to re-irrigate and form forests in the way that [Fukuoka Masanobu](#) recommends in his books, becomes our potential lifeline. The planting of seeds in deserts is the most profoundly brilliant connection and expression modern humans can make as a move back to the tropical and subtropical regions of their true home and also to undo the damage done through the madness of modern ideologies of science and other Homo Sapien ideology. The true way of the Neanderthal is without any ideology at all, it is all natural and therefore never questioned, one can be sure that the Neanderthal, if they were indeed closer to the animal state, were highly

intelligent in the most unconventional sense. They did not value the "intelligence" of the mind and of a separate "me" but would have been tribal peoples connected to the land and that was all they knew, what was there to say or paint really? The dying out of the Neanderthal was in fact the dying out of the most beautiful expression of the human animal ever to have existed. Now, within the grips of confusion of the Homo Sapien world, we only trace links with a few indigenous tribes who still live without high technology in natural surroundings and as a general rule these people are being killed off, only protected by organizations like [survival international](#) etc. When there is a rejection of natural beauty, even of what seems "stupid", then we lose the ability to discern what is actually harmful and what isn't. As a wise bear once said:

*"Those who are clever, who have a brain, never understand anything."*

- Winnie the Pooh.

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