

The One Sense: a description of the so-called “6th” sense.

We have all heard of the mysterious 6th sense. Some people believe they have it, some do not. It is related to being able to “see spirits” and to psychic ability, to understanding and connecting seemingly unrelated things together, the ability to predict future events, examine or unlock hidden mysteries. These paranormal events shroud the 6th sense in a mystery that far outweighs its commonality and normality.

We are very sure of our 5 senses: those of touch, taste, smell, sight and hearing. These seem very “real” but the 6th sense seems unreal, or unrelated to life as we know it. However this is the prime misconception.

In essence the 6th sense is really all of the senses occurring at once. It is when there is no dualism of the analytic/ discriminative “self” getting in the way of sensing. In fact there is no such thing as the “senses”, they are not separate objects but rather there is simply “Sense”. When Sense occurs without the impedance of “self” there is a realization of the whole of something. Everyone therefore has the “Sense”, which is not 6th at all but the realization of total sensing with all the seemingly separate faculties at once. This sensing is very instinctive, it is the prime sense of children and it is the sense found in animals. One might call it a “heightened sense” from the normal adult routine, but actually it’s when the natural expression of the human-sensitivity is *uncovered* from the blanket layers of fuzz that get in the way, which is simply the ingrained belief in a separate thing call “me” and all that attempts to reserve this “right”. So it is not “heightened” at all, it is actually basic.

The naked-sense, as we could call it, is not something that is owned but it is utterly one with everything, so there is no separation. It seems like a paranormal experience if there is a dipping into it and then a coming back out into the blanket-covering of the human adult, which is often called an “awakening moment”. Usually what is sensed is interpreted by the adult beliefs and described as precisely “x, y or z happening” when in fact it is always just energy, everything is One. The interpretation of what is experienced in the instinctive-intuitive realm is always the issue. When something is sensed and responded to rather than interpreted there is no problem. Children do this all the time, they feel something and instantaneously respond, there is no attempt to try to work out what something is, to unravel the mystery or life or to apply a “wonderful” theoretical position to it to make it safe and “Real”. They just respond instinctively, there is no gap between sense and response and no analysis.

Hence it is very unlikely that what is experienced within the natural-state is about spirits, angels, fairies and zombies, these are all ideas emanating from the human mindset and as a result play into our ideas about the possible drama of being a separate human. Actually when the perception is unclogged and open, such as with a child’s expression, there is just simply what is, and what is is enough. Because it’s fully experienced, not via one sense or another but the whole sensing itself, there is nothing to figure out and it is implicitly recognized. As a result all there is, is sense-response as one united connection.

The 6th sense is therefore nothing special, it is in fact far more ordinary than confining our senses to 5 narrow boxes. It is the realization that light can be heard and sound can be seen and that there is a common thread to all sense. Instead of being tied and

attached to experiences and to particular senses, the background Oneness of sense is without form and without substance, this background is the One sense that holds everything in it. It is neither awareness nor consciousness as there is No-one to be aware or conscious of, it is just sense, for no reason....makes sense...doesn't it?

From the Tao Te Ching:-

Chapter 12

*The colours of the world when attached to, blind one;
The sounds of the world when attached to, deafen one;
The flavours of the world when attached to, injure the palate.
Racing around and seeking/hunting
Makes the mind go wild with excitement
Precious things hard to come by
They serve only to burden one.
Hence the Natural-human is guided by instinct not the mental-emotional
idea/perception
Therefore he discards the one and takes the other.*

Chapter 35

*All people will draw towards the truth of Oneness
Here lies a coming-together, a meeting of happiness and peace
Passers-by may stop, drawn by the celebration of life in music and food.
Naturalness is without form or flavour
It cannot be seen, it cannot be heard
And yet it can never be exhausted.*

Please see Tony Parsons: <http://www.theopensecret.com>

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