

Reducing population via sexual freedom: How natural sexuality balances population size.

It is often thought that if we were to end all laws then everyone would “go around murdering one another”. What an interesting thought!....why would there be this belief that if you are “allowed” to do whatever you want then this anarchy (literally without monarch or without head) would result in an immediately murderous and aggressive expression.

We have been captives of our own ideology for so long that we believe that outside the prison of our minds lies a lawless land of savagery and that laws are there to protect us by preventing us coming into contact with it. In wild nature there is no hierarchy or law or formula, yet it all works perfectly without these things.

For thousands and thousands of years we have not lived without laws. So there no-one alive to say what that was like. We might remember a faint sense of lawlessness as infants but that's it. So how do we know that society would turn into a hell if we dropped laws? Actually we don't. The only thing we know is what happens when people break the law, which means that there is an existing law and therefore there'll be an equal and opposite force bound to go against it. When laws are formed it is absolutely definite that there will be a draw to break them.

The duality of right and wrong, good and bad, is all about the human condition of seeing fragments of things and the inability to see the whole. This dis-ease is also what gives us a feeling of separation from the natural environment and from each other. As such this makes us feel that we need laws, it seems we need to make things stable in order to prevent chaos, which is essentially living in the Unknown state, the way wild nature lives. But what is “bad” about wild nature? Nothing, there is no “self” in nature and as a result it all runs smoothly.

The human condition is a dissonance of energy that is currently in transformation. The next phase of human life may mean a physiological transformation into another species altogether but this is not going to be the “homo-spiritus” of the new age movement but actually a return to the earth, a return to nature, if it occurs at all. The indigenous populations of the world had an understanding of this connection and far from being “evolved away from”, these are the people who have far less dis-ease than modern man. The modern new age movement involves a process of “upping the pitch” and “heightening consciousness” or “raising awareness|” but actually it's the other way around. The return to the earth, to the senses and the body is how the human can return to the animal state, the most serene and “enlightened” state possible. It is far from the idea that there is a stepping-stone of karma to end as a monk in an enlightened state, this is trash. Nature is already enlightened, already one, it is just the human that is for the moment in a confused state.

Through the use of the shamanic herbs such as Ayahuasca and others there is a return to the natural state, a return to the feeling of the animal body again. In this feeling there is a realization that while all of life is one and all of suffering is unified, there is an instinctive sense to return to the forest of our origins. This movement, at whatever level, is happening all the time within the human being, there is a constant want and

yearning for return to the natural state and therefore a constant yearning for freedom from the bonds of laws and idols of the modern world.

Legality in marriage and monogamy has been the fundamental basis from which relationships take place in a massive percentage of the world today, forming isolated nuclear units/ families. In no way is this what the natural human animal understands and so there is a huge discrepancy in the experience, for example, of the Ayahuasca experience and the “real” life we all live. This extreme difference in states is the shock of the shamanic experience, but actually all it does is show us how far displaced we are from the centre of the natural state. Monogamy is the dis-ease process, particularly of the yang quality within society. The yang meaning the quality of masculinity within men and women that attempts to control and restrain by force. The nature of monogamy is a warped-yang contraction of sexuality that is bound.

Captivity is a key issue in what is occurring today via laws and the laws that extend to marriage and relationship. They are all tied together to allow society to function the way it does. However if we look to our primate cousins, we find that we have exactly the same issues as they do when it comes to captivity. It has been shown many times that sexual frenzy in Bonobo apes and violent aggression in Chimpanzees increases dramatically with captivity. These behaviours heighten and increase in an attempt to discharge nervous energy at being held in a captive environment. If we then look at ourselves we will find the same to be true. Because we are held in our own captivity, the captivity of the dis-ease of “self” and “individuality”, we exhibit a hyper-sexualization and a hyper-violent tendency.

Most people when considering the potential for polyamory, [which is a useless word for what is really natural-sexuality] feel without a partner who is another individual person that sexuality would be explosive and people would be “doing it everywhere”. However the actuality of release from bondage is far less titillating. When a person can actually have all the sex they need, when there is no limit imposed and no right or wrong about any of it, then what happens is that there is no depression, no desperation and no containment of sexuality. As a result it falls back to a natural level. Not only this but it is likely that there is a universal sense within humanity that there is over-population and as a result the want or drive to have many children may be less.

D.H. Lawrence spoke of “sex in the head” as differentiated from “sex in the body”. He was making the point that sex in the head was very different, full of fantasy and ideology based primarily on restriction of sexual expression and thereby the warping of the person into having fetishes and fantasies which release the tension or torture of being held within confines. Indigenous populations are rarely overpopulated, yet they were/ are deeply polyamorous in their expression. So how could this be? Well quite simply when sex is not focused on and there is less captivity, so less need for release, then sex actually falls into alignment with any other function of life, it is no different from anything else. It becomes normalized, not hyper-tensed. Sex in the body, so to speak is very, very different from the fantasized ideas that occur in the modern world. Sex in the body is when there is actual sexual drive that comes from the body. This is different from the forced arousal that is seen in the use of drugs to create erection or female arousal, or even those used to prevent periods and create contraception. Basically if there is no drive then the body is either stagnated or exhausted and that is the way it is. While the head can want something the body needs another and the body

is always the truth, although the mind sometimes distorts this. Hence sexuality that comes from the body, having no illusory device or social ideology attached to it, is therefore fundamentally always natural. When sex is jointed with the mental illness of “self” it forms all kinds of disturbances that are what sexuality has become today. The reconnection with natural sexuality is when there is no fantasy. This goes totally against the notion that fantasy is part and parcel of “health sexuality” - actually it is only healthy within the context of a society gone mad.

The population explosion we are witnessing today is far less to do with lack of contraception and far more to do with the nature of formatted sexuality and restraint on the human within society. When there is captivity there is bound to be a response of hyper-sexuality. Actually the move to sexual liberation is something that will not be the ridiculous images of orgies and population explosion, but rather the eventual realization that sexual connection doesn't have to be anything. It isn't something that always needs to end in orgasm for male or female, although it does so when there is energy that reaches a cusp. It doesn't need to be forced, it doesn't need to be fantasized. As with animals it is a totally natural and naturally induced phenomenon that isn't between individuals but is an expression of transformation within Oneness.

The point is that natural sexuality is yin-based, it has no attempt to control or own and as a result it is cooler, less tense, so is less heated and irritated. Much of the population of the world is born of anxiety/ irritation. The feeling of impending doom can turn people immediately towards sex, as can captivity in the way humans have captivated themselves, and as a result most of our feelings about sexuality in the modern world are about restriction and overcoming. They are not about natural free sexual response; in fact this is almost unheard of in the whole of humanity.

An entire population of people has therefore been created from anxiety and loaded with fear. It is no wonder that, like it or not, the human population is experiencing so much infertility. The body is simply saying “no”, or feeling so unsafe within our current environment that people are not having children or at least are extremely cautious. Eventually our control of sexuality and the laws that bind us, which have created the population explosion, the traumatic processes of nuclear family and separation in all expressions of life, will come to a point of being totally unsustainable for the planet and then these laws and expressions will topple. Everyone believes that this will be catastrophic and while it is true that it could be, but only catastrophic to the “self” that believes it needs to control the entire world. For our foundational human-animal essence, however, it will be a glorious release into the hands of nature once again. As we return to trust in our body and in nature and in the One expression that is the universe, we will regain a boundless acceptance which we remember to be our origin.

David Nassim
25/3/2014