

Global Energetics: how different regions of the world hold different energy.

The world does not have a uniform climate so in different areas peoples have adapted to their particular environment. Because they are born in these regions they're really born from the earth, the sky and from the quality of the sources of food of that area, their ancestry also derives from that particular land. Obviously in today's world there is a lot of mixing of these energies which can now be done at an incredibly fast pace with aeroplanes and various other forms of transport, yet the adaptive quality of the human being is actually relatively slow, it takes several generations for a person to adapt to an environment which is completely different to that of their origin. Just because we can travel from the Equator to Northern Europe doesn't mean we are easily able to adapt to that different environment and its various expressions.

In this article we're describing the qualitative nature and problems associated with each different environment of the world and human energetics within those. The most useful model we can relate this to is yin and yang, allowing us to explain and get a sense of the feeling in different regions. However we not only want to get a sense of heat and cold in those environments but also of how they affect the human being.

It is highly likely that humans originated from the African equatorial regions, although many people refute this, but we can certainly say that humans and all life on planet Earth probably started out in a hot or warm environment such as the equatorial region, from the middle out to the edges, rather than a cold one. Life is initiated and thrives in a situation of warmth. Being warm-blooded, human beings as well as all animals that are genetically close to humans, are always found in regions where there's plenty of warmth and food which enables food to be grown in their environment, they thrive in these areas and have a true blending with the atmosphere around them, as did our ancient ancestors, rather than in areas which are freezing cold. For those people the requirement to adapt is going to be far less than for those humans found in the temperate regions of the world.

So in a hugely broad brush-stroke approach we can say those regions have more of the original, primitive basis of our nature than the temperate regions. Interestingly the human's nature is opened and expanded by warmth and light, whereas the cooler regions such as in Europe inform the body in a different way, there's a containment of heat and energy within the body, and those people are able to power themselves with warm internal heat because there's less external heat. Also more temperate environments are actually quite difficult to deal with, it's not as though everything is on offer, lush and exposed, but rather there's a kind of harshness, an autumn or winter quality rather than the quality of summer or spring found in the more central regions. This is very apparent in the natures of different people, if one compares the expressions of the Italians and Greek peoples to those of the Germans, Austrians or Russians, there's a huge difference in personality. The Germanic-Russian groupings of people are by nature quite cool, at least on the surface, and beneath the surface there is significant warmth. Conversely with the Italians there's an exposure, a natural openness and expansion, the inside and outside are more uniform. Therefore because the human is warm-blooded, by nature we are of the spring and the summer rather than of the autumn and the winter, metaphorically speaking. Therefore the climates with more winter and autumn create a more complex human being, a containment of heat within the body, so a different constitution develops over long periods of time.

The different constitutions of the world have a tendency to inform a different pathological condition as a result in these different regions.

Fundamentally the situation of the dis-ease of “self” originally occurred to humans about a million years ago, the sudden increase in the nature of what we can call the human condition or the “self” is likely to have occurred at the same that time burial arrived, which was about a hundred thousand year ago. At that time humans began to get a sense of the separate “self”, that “I” am separate from “you”, which was a delusional process or lack of ability to see oneself in “Eden” but rather as broken away from the “garden of Eden”. Although this is essentially always present we can’t see it, because of this sense of separation or of “self”, or what we can now call the human condition. This situation is not apparent to any other animal apart from humans.

In the warmer regions of the planet when the “self” originally formed, anxiety is the first emotion that occurred and there was a feeling of vulnerability. We can see this energy still exists today, there’s a kind of nakedness expressiveness by nature of those from equatorial regions, it’s quite exposed so it’s a very feeling-based and sensory-based orientation. This is where everything becomes very personal and that expression is much more associated with the yin-fire quality within humans which is a female expression, forming the pathology of the *personal* “self”.

Later when humans moved to more northern regions of the world, along with their adaption to the new environment there is also an adaption of the “self”, which instead of having that vulnerability forms a kind of shell around itself, similar to the coldness of the atmosphere, forming a situation of detachment. The world is going on, phenomena are occurring, and there is anxiety right at the core of the “self”. Detachment then occurs because “I” am protected inside the cocoon of thick jackets I’m wearing to protect myself from the cold. Just as wearing many layers of clothes forms a kind of shielding, it is also a psychological process that deeply affects the human way of thinking about things. So the belief that “I” am separate from “you” occurs more in cooler than warmer climates and informs the whole psychology of these two different areas.

So in cooler climates that expression of detachment is really that of the yang-water or the male more than the female. This is of course not to say all peoples of the equatorial regions are female, but that the male and the female of those areas are more yin, and so they have formed a more yin quality of “self”. So moving into cooler regions there is this more detached quality, forming the dis-ease issues associated with the yang problems of “self” with detachment. Again, this is not an absolute situation, just that within the cooler climates of the more masculine temperate regions the females are going to have a warmer quality than the males, and in the equatorial region the females will have an even warmer quality than the males. So there is a spectrum, of course there is yin within the male and there is yang within the female, which makes for a much more complex picture than the general picture one described here.

Interestingly, the colonial ideology and ideas of a masculine-dominated world, what they now call the Anglo-American Empire, the processes of finance, power, control and warring qualities are taking over in a very detached and determined way, and a

huge majority of that is associated with the temperate regions. This of course includes Japan, China and other areas, even within a single country like China, which is vast and goes from a very cold to a very warm climate, there is a clear difference in the nature of people. People in the warmer climates people are able to do less due to the heat if they behave naturally and without air-con! Naturally there is less ambition, less of a process of attempting to “take over the world” because much of what is required is already there, such as the warmth of the environment, one needs less if the energy of the environment is already warming the body. The warmth also opens the borders of the “self”, expanding its edges. Also things are much easier to grow in the sub-tropical regions, if left to grow naturally and not raped of resources. Of course these regions contain a huge amount of poverty, especially in the towns, but before consumerism generally these areas were lush, and they have potential grow things quite easily, in particular the sub-tropical regions. The Amazon rainforests are a good example of this. Basically in these regions the Mediterranean lifestyle is far easier, the body is in a state of relaxation because there’s no need to warm itself, or to gather so much food, no need to push itself to the limit to get what it needs, whereas someone in a more temperate region needs to eat far more in order to power the body and there is more requirement to do so.

These are all key factors in the way the “self” has commanded a power-orientated, “self”-ish, or “self”-directed, controlling expression, very much part of what we’re now seeing in the colonial temperate regions of the world. Of course colonization is often of the warmer climates in the world, which we can call the yin. So again we have colonialization of the female by the male that is commonly seen throughout the world, as represented from the macrocosm to the microcosm, from interpersonal relationships through to all facets of life.

The difficulty is that what is held within the land of a particular place is also held within the psychology of the people around it and in the atmosphere. Eckhart Tolle commented that the nature of the energy field of northern Europe is quite dense in comparison to the quality of the energy of the New World of Canada and America. And this is absolutely true, just getting off a plane in London or Berlin a person will have a very clear feeling of the atmosphere, in the kinds of people there. It makes no difference that those are multi-cultural centres, in comparison to getting off a plane in Los Angeles or even in Boston, there is still a huge difference in the quality of the energies there, a lightness which is experienced by most Europeans when travelling to those places. Some will call this superficial but it’s actually a form of lightness which has none of the history, density and oppressiveness of many European countries.

All this is very much a part of the psychology of the “self” that is held within the collective “energy-field” of the humans in that area. So when areas have been colonized, which essentially is what the Americas are, the colony is new and feels like that, even a few hundred years on it still has that quality in comparison to the thousands of years of densification in European situations. Going from America to the borders of South America and the Amazon, or from Europe to Spain, Africa and the Middle East, one finds a huge difference in the kinds of people and their expression. There is less of a cultural jump if we stick to the same climatic region so with the UK, Germany, Russia, Japan, and Canada or the top of the U.S, there is a similarity of feeling in relation to equatorial regions like Africa, Middle East, India, Malaysia, the north of South America and the Bahamas - total difference in quality of the energy in

each region but yet there is similarity. There's a far greater cultural jump when going, for example, from England to India, or from England to South America. The openness of peoples in a country where there's an expressive quality is hugely significant, we know this even within our own society where there's multi-cultural expression when you see peoples from different places coming together and having a connection. Those from a warmer country will warm up the nature of those in a cooler country, and vice-versa, such as happened when India was colonized by a massive invasion from the UK, and this leaves its mark.

The purpose of describing this is in order to show how the nature of the dis-ease/ "self", in itself is a warped and fragmented dissonance, it's not real, when placed in a warmer climate it creates one thing and when placed in a cooler climate it creates something completely different. The quality of it is still illusionary, whether in a warm or a cold country, but the nature of the energetics is different. Interestingly where there's been a process of dropping away of the "self", a complete opening up and a ripening happening, this has very often occurred in the expressions of those in the equatorial regions. A key example is in India, with Buddha, and in the Middle East we have Christianity and other expressions such as Rumi. Of course the "self" can drop away at any time, no particular experience or event is required, but humans tend to go through cycles of life quicker, the process is more sped-up in equatorial regions. The quality is essentially that of fire so the nature of peoples in these areas is not so long-lived, just as a tropical fruit grows and dies more quickly than in more northern regions. Generally the people who are the most long-lived tend to be in the temperate regions of the world. On the other hand people are also quite long-lived in places where there is a great deal of slower, relaxed calmness and that can be in relatively warm environments.

So this isn't an absolute, it's just interesting that longevity is more associated with the long time-spans of the cooler temperate region which is more preservative than the warmer regions. The warmer regions associate more with expressions such as manic behaviour or delusion, whereas in the temperate regions there's a tendency towards problems associated with processes such as the psychopathic, the detached, the autistic.

If we look at global energetics we can see there is a quality of the feminine, the yin-fire, there is a quality of the yang-water. These natures, when there is an addition of "self", form two problems which are the very personal "self" of the yin, the very impersonal or detached expression of the yang. When we have something which is too cold we want to warm it up, when something is too hot we want to cool it down, so interestingly there's an overall balance, or a potential for there to be a balance within the qualities of the nature of humanity, which we can't see as "individuals". The recognition of the Oneness of the natural intimate quality of the equatorial regions and the natural impersonal quality of the temperate regions, makes up one whole and therefore is the expression of global Oneness, and this is the global view of life without the sense of seeming separation of "self".

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