

Dis-ease as a manifestation of the whole: How all dis-ease is happening to all of us, blamelessly.

The common phrases that come along with an illness are “why did this happen to me?”, “how could that have happened to her?”, “do you think he’ll manage to survive it?”. The state of dis-ease is always considered as a personally-claimed problem or someone-else’s problem, but this just isn’t the case.

The nature of the human being is completely one with all of life. There is a misperception that we are separate “individuals” and that sense-of-separation that we all share is the foundation of dis-ease. From Christ to Buddha there has been a constant recognition that suffering is a universal issue, the suffering of feeling “outside of love/connection”. However, more often than ever before it is being exposed that this perception/feeling is really untrue. While this was always known to the most ancient peoples and is the foundation the medicines of the ancient world, modern science is at last catching up with the notion that what we perceive and believe is only a fraction of the bigger picture and this bigger picture is simply that everything in the universe is One-thing expressing itself in myriad ways.

The difficulty is that this realization is not a purely intellectual idea but actually is something which is very often not our experience of moment-to moment living. This however does not mean it is untrue, it’s just that it isn’t recognized. Voices of this universal expression, such as Tony Parsons (<http://www.theopensecret.com>), are a reference to something beyond the separate “self” and point to something obvious yet inexplicable about the nature of reality.

So for 99.9% of the adult population of the world (discounting some of the indigenous tribal peoples and children below the age of about 3), there is an almost constant dis-ease state from the point of waking in the morning to going asleep at night. The millennia of this process and the building up of the egoic structures of “self” have created the world in which we live and its energetics, full of pollutants, high technology that reinforces the problems of being detached even if this is wrapped in a ideology of being “closer” via the mobile phone networks and the internet.

The nature of the world of fragmented thinking and being is in its entirety a cloud of dis-ease that is on top of the human’s natural childlike nature. This infects and contracts the human-energy system. It is *the* auto-immune dis-ease and is occurring not because of any specific person, issue or idea but simply through nature. The nature of the human being on the planet is like fire, we rise upwards and this is expressed in the physical act of standing. This physiological change is very different from any other mammal. We have the least surface area involved with the ground than any other animal, even a flying bird is facing the ground when flying, the human is the only animal that has only a small foot’s-worth of connection to the earth and as a result the “unearthly” manifestation of heat rising and the over-burning of the head and the separation of the head from the lower-body and feet is a very easy process. It is most likely the energetic origin of the dis-ease process, simply an expression of nature that is now about to change or might have to change due to environmental counter-balance to the human-condition globally.

Once feeling separate from the earth we are “un-hinged”, in many ways we ungrounded, by nature not by choice. This is not a man-made phenomenon because actually nothing is, it’s all a domino effect of change and re-formation of energy (rather than evolution or devolution) which is simply as it is. Plastic is as “natural” as wood, it’s just that one originates from a fragmented process of thinking and the other one isn’t the result of a thought process at all. The human is like fire, it rises up from the earth, up and out of the planet, burning up like the smoke from its factories, this is the nature of what is happening. But there is also another movement where the process of dis-ease is reaching an end, there is a gradual return to the earth and a movement downwards again away from dis-ease. Again, this is not due to people deciding or choosing, but due to nature reaching the end of its cycle amongst some of the human population.

This article is about the process of believing that dis-ease is about what someone “does in their lifetime” and the supposed “choices” that they make. As Tony Parsons points out, in the natural reality there is no-one choosing or deciding, it is all happening as one large expression. Even if people are adamant they “decided” to do this or that, they made no decision, there is in fact absolutely no choice in the matter, it’s all happening through a far bigger ideology than the minute belief that humans have had for centuries about free-will and choosing. These things are actually totally unreal.

As a result when we look at processes of dis-ease, social politics or welfare, things don’t happen because “people are greedy” or “governments are corrupt”, or “there’s so much environmental pollution”, or “it’s all to do with lack of compassion and forgiveness”, all of this is judgment and altruism. In actuality the whole thing is happening without anyone “doing” any of it, without choosing it or being able to change any of it as an “individual”, simply and fundamentally because no such “individual” exists, *life is one thing happening at once.*

This may all sound very fatalistic, that there is an inevitability about it all, but just because there is no individual running the show doesn't mean there is a pre-conditioned “ending”, it’s all happening in this moment, this point now, as it is. This realization has a deep impact on the way we see medicine and how we practise therapeutically. The reason is there is often a blaming game occurring with practitioners and patients, either the patient is “not following the recommendations” of the practitioner, or the practitioner is not a perfect example of health and so “shouldn’t treat”. Both of these are ideological misunderstandings. A practitioner treats simply because they are this, they can be as sick as anything, but still there will be a want to be a healer all the way to the end of life, it is simply a natural function, it has no cause and cannot be taught. Secondly the practitioner who gives out advice with the expectation of the advice being listened to is within the dis-ease trap. It isn’t about a choice such as: “either the patient wants to get better or not” this ideology is about personal responsibility which, if there is a clear understanding of there not being an individual, simply doesn't hold water as an argument.

The nature of change occurs when a person is in a state of opening which is a function of nature and when the practitioner is in this state healing occurs at the point of connection not because of anything done by either person, it is a totally spontaneous event that is governed entirely by nature. The advice of insight *through* the

practitioner is heard when it is the right moment and not before. If the advice or recommendation of the practitioner is coming from a narrow fragmented dis-ease state it may be utterly inappropriate, but it makes no difference because if a person is open to following the advice and it's opposite to reality, then they will find this out which in itself will direct them to what is real. The Oneness of nature is always larger than the ideology of nature's dis-ease state in the human condition. This also occurs in the process of teaching. It was said to me and has proved absolutely true, that *"Sometimes a person understands because of their teachers, and sometimes a person understands despite their teachers."*in fact the two are one. The teacher can act as an obstacle due to their narrowness of vision and approach and simply their expression of a dis-ease state, which in turn creates the realization that what is being said is obviously not what the senses feel, or it can be that a teacher opens outwards a person's view as a part of nature, thereby losing the role of "teacher", holding none of the onus on him/herself but realizing that nature works through everyone as it is all one.

The fact is dis-ease is universal, everyone has cancer, everyone has HIV, everyone has heart dis-ease and obesity, it isn't a choice because it's all part of humanity, of which we are a part. When judgment is applied to medicine it acts as an obstacle, but even this nature will pull down in the end, like ivy that binds to brickwork. The point is that "choosing" one thing or another is not the way dis-ease resolves, it isn't by choosing or by what "you" do or "you" don't do, it is a realization that the cancer or the heart dis-ease is not personal, but yet it is deeply intimate, this is the paradox. Why do we apply more pressure on each other in the blaming game of medicine and suggest that either the practitioner isn't good enough or the patient doesn't listen or the practitioner "doesn't take responsibility" or the patient "doesn't take responsibility".

All this is the mad politics of "better and worse", "good and bad" which is the mainstay of many practitioners of medicine, even those who purport to be practising medicine which comes from "original" sources. The "originality" or ancientness of the source of medicine is nothing without the present moment realization that "I" is something which troubles all people. So to pretend that "I" know and "you" don't or that the quality of medicine is of "low quality" or "high quality" or placing people, things and ideas on a scale of hierarchy, is simply a continuation of the state of dis-ease. It will of course see itself eventually, so this writing here simply follows the direction of exposing the myth of personalization of health and healing. Things don't change because people want them to, or if there is an ideal of change. Change occurs, by itself, when people are sensorily experiencing something... it doesn't happen because someone is making someone else more "aware", it occurs because through nature there is an openness of one aspect of Oneness having a conversation with another aspect of Oneness and there being a resonance. Change does not occur through fear and idealism or hierarchy and power to the "save the environment" effect, but always through sensed reality. This isn't about "wanting" to change, there is no wanting from the "individual" that accounts for anything, natural movement occurs despite the individual "want". When it's time to die, it's simply time. When there is a recognition that processes in everyday life are not brought about by "me choosing" but are simply life living through "me", then it is a different situation which in itself is the cure.

I heard a story about 3 indigenous women. They decided they needed to leave their tribal surrounding which had mainly been destroyed by modern “advancement” and express their natural healing to the world where they may be able to prevent other tribes being destroyed as theirs was. They entered into mainstream modern society and became influential figures in communities in 3 different countries. After about 10 years all three sisters developed breast tumours in exactly the same place. They spoke in conference to each other and realized that the nature of the society into which they had entered was full of the toxicity of the energy of dis-ease and they too had become affected. Each of them underwent surgical removal of the tissues and continued doing what they were doing without any change at all to the process of their lives as they understood that what manifested in *their body as a singularity* was expressive of the whole of the society with which they were engaged.

Interestingly other animals are affected by the pollutions of the seas and waterways and they too develop temporizations. Great numbers of pets are also affected in this way and infant children are born with congenital illnesses. All of this is a representation of dis-ease not being about “fault” or “blame” or about “choice to stop smoking” or to “stop taking drugs”, every action either towards annihilation of the body or away from it is not an actual choice but simply about nature unraveling though us as a whole after millennia of a domino-effect of held-onto beliefs passed on through the dis-ease process we call the “human-condition”. Nothing can be “done” about it, it is something that unravels as and when it does, a ripening process that can’t be forced or tampered with, just as a wild flower will not bloom till the right moment. There is no good or bad medicine. There is medicine that sees the whole and there is medicine that sees a part of the whole, whatever and whichever way this occurs. The nature of nature is unraveling all areas of “partialness” by itself without any requirement. In a way we are puppets of One-natural movement, and yes, this is a helplessness but of a kind we have always been in, there was only the belief that we weren’t One with everything in the background.

The “self” is like a droplet of water that for a moment believes itself to be separate before it blends with the sea it has always been within. The drive and ambition of spiritual or financial power, for hierarchical control and domination or indeed for anything, are simply expressions of the dis-ease itself. There is nothing wrong with the dis-ease but as time goes on it is clearly differentiated from the nature of what underlies this. While dis-ease judges everything, health sees it all as being absolutely perfect the way it is and it simply moves naturally in the resolution of opposites/duality.

In therapeutic engagement it is beyond the patient and practitioner that healing occurs and so it requires nothing of either of them. If recommendations are expressed and not listened to then this is what is, and if they are listened to but are a personalized recommendation i.e to do with the practitioner’s ideas not naturally *through* him or her, then these will be seen to be irrelevant in time. It makes no difference because in the end nature unravels everything which isn’t “true” and clarifies the situation. It’s not going to be “all right in the end”, fundamentally it’s “all right this moment”, there is no end and no beginning.

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