

Be-longing: the possibility of an unsought home.

One of the ways we seek for a situation of feeling less separate is to find “home”. Of course, this “home” is a mythical, invented land but it can take many forms. Often people speak of the need to “belong” somewhere, or feeling that they “don't belong”. What does this mean?

There is obviously a feeling, a sense of connection to a particular place or group of people, this we might call “resonance”. These people/situations resonate with us energetically, we feel a kinship so to speak, it seems very “in-sync”. When there is an opposite quality, while this may initially be attractive, it is really energetically opposite to our expression so we feel uncomfortable if we are in this situation for long periods of time. There is of course a degree of adaptation, although some climates and situations are very difficult to adapt to unless one has the innate natural propensity to be able to do this, it is not chosen. We might call the above a natural-belonging.

Apart from the natural energetics of belonging, there is the dis-ease of seeking for a “home” and a belonging which is more of an ideology or fantasy than of what is actually happening. However this is the prime mover of most processes of re-location and of attempts to find community and connection in society today. What is occurring is not often a sensory process of connection energetically but an attempt to find the resolution to the problem of “me” in the exterior world. Most of us are constantly attempting to move outwards in order to find that which we are seeking, to somehow find belonging, to find the place, situation or even career and process that will allow us to feel we belong. All of this is about uncovering one's natural expression and actually what is found as the layers of “self” fall off, is that it is very, very basic indeed. In fact it is so simple that belonging is actually something laughable, although in the midst of seeking for it, one feels full of anguish and desperation.

For an infant child there is never a question of belonging, he or she belongs wherever they happen to be, whatever they happen to be doing. Of course there is the feeling of energy, the movement towards things that are attractive or resonant and away from things that repel, but none of this is about the existential issue of needing to “belong”... belonging for the infant is the background reality, it is implicit. However, for the human adult there seems to be a requirement to find themselves, to find the place in which they belong, whether that be closer to nature or closer to people in the city, the foundation is the same. It is a belief that “it is always greener on the other side of the fence” and that is where “I” believes it needs to be.

In the end this is the story of the pot of gold at the end of the rainbow, it's about trying to catch something that can't be caught up with, for if one were to catch up with it, it would naturally kill off the “me”, the “me being all about perpetual seeking. The illusory sense of “me” seems like a very separate state from “you” and so it requires to keep its boundaries clear. If there was liberation from this “me” contraction and the “me” and “you” blur in order for Oneness to be realized, then the perceived “me” by itself in its own prison would be completely annihilated in the process. Therefore the “self” must always stay an “individual” in order to keep going and as such absolutely every action that occurs within the sense of “me/ self” is about seeking “home” and never finding it.

This process however eventually burns off, even if it takes until the point of death of the body, ultimately there is always a relief from this state of tension of “self”. When this occurs in life this once again reveals the background infant state of constant belonging, and nothing-to-see is realized as nature’s expression. Also there is the realization that everything was always this way, it was never any different to this, all that occurred was a masking of this for a while and then this veil dropped away.

There is no method of “gaining” this as nature works only in mysterious ways. However, describing the mechanism of seeking for belonging begins to shift the perception from its static ideology of “must find” to “why find?”, or to “what am I seeking anyway?” and then “who is this me anyway?” This is not to suggest a need to go into these questions, as there are no answers to be found here, but even these kind of questions above are totally foreign to the normal narrowness of arduous seeking, hell-bent on finding a seemingly far-off place that already in fact is immediately presently available, which in fact you have never, ever left.

Please see Tony Parsons: <http://www.theopensecret.com>

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