

The dis-ease spiral of seeking and the harmony of resonance.

In a recent meeting Tony Parsons (<http://www.theopensecret.com>) described the cyclical nature of the seeking process of the human condition and what follows here is a discussion about this.

The nature of the suffering of the human being has for many millennia been described as a cyclical process. In Hindu and Buddhist culture it is the wheel of Samsara, which beyond the metaphorical really describes the nature of the process of the human condition in terms of it being a wheel or a constant situation of one misconception turning into another, following on and on in a seemingly unstoppable way. This process is a seeking in order to find something which seems lost, be the search external or internal. The fundamental or original misconception or perhaps distortion of what the human senses to be real comes early on in a child's development where it gains the idea of "selfhood". From here on in there is a 3rd person perspective that takes up more and more space in the person's life. An ever-greater proportion of energy feeds this original "sin" (sin meaning originally to "miss the mark/centre"), and as such a pattern of the cycle of suffering emerges. Drawn linearly this cycle is basically an up and down from positive to negative, right to wrong, good to bad. It is fundamentally the pattern of duality. The belief is that "I" am always at one of the poles trying to get to the other one, therefore like a rainbow with no end one never gets there. Put in simple terms it's like being too hot, then imagining life will be better in a colder country so you go somewhere cold, then you feel too cold and imagine life would be better in a hot country, and so the cycle continues.

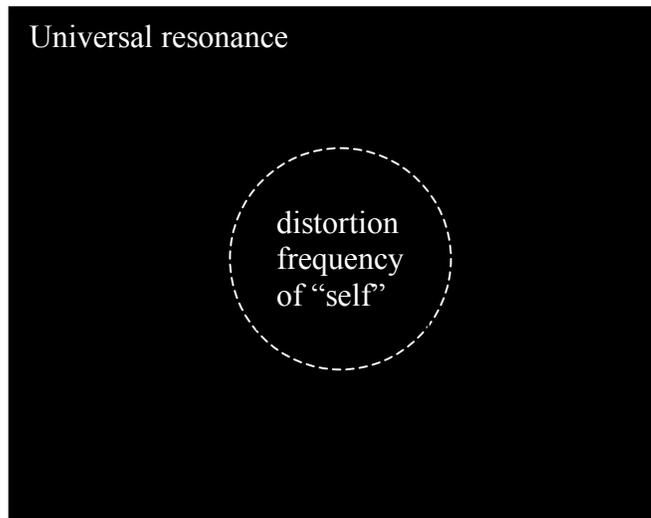
This manifests in human society all the time. From boom there is bust, from highs there are lows, from seemingly totally correct one finds the perspective is completely reversed in another situation. The problem originates with us perpetually wanting to be somewhere else. The wheel only stops when the energy of this system starts to fail or something disrupts the cycling and prevents the habitual nature of it. These things will always seem like great losses, losses of money, power, people, material and immaterial items, loss of face, loss of anything that breaks down the structure of what "I" am. At these points the wheel has to either continue aiming for a counter-balance to whatever has happened, so the millionaire who just lost his fortune will strive to "do it again" and become a multi-billionaire next time, or it requires forgetting what happened before and starting again with a new project, yet this will still be done in the same way with the same old logic at the helm.

This assumes that there is still energy in the wheel's cycling/the dis-ease energy state. If there isn't, then in fact a big blow like this can completely break down the nature of what "I" is known to be, allowing something else to be discovered. What is also going on while the wheel is spinning is what the wheel is spinning *in*. If we use the metaphor of a spinning wheel but we also note that the wheel is spinning in a universe, then we have the wheel *within* the universe. The universe has a kind of resonance frequency, a universal quality that the Hindus express as the sound "Om" and in other cultures there are different expressions of it, but essentially the original sound or resonant frequency of the universe or nature is going on while this wheel is spinning. When the wheel stops for a

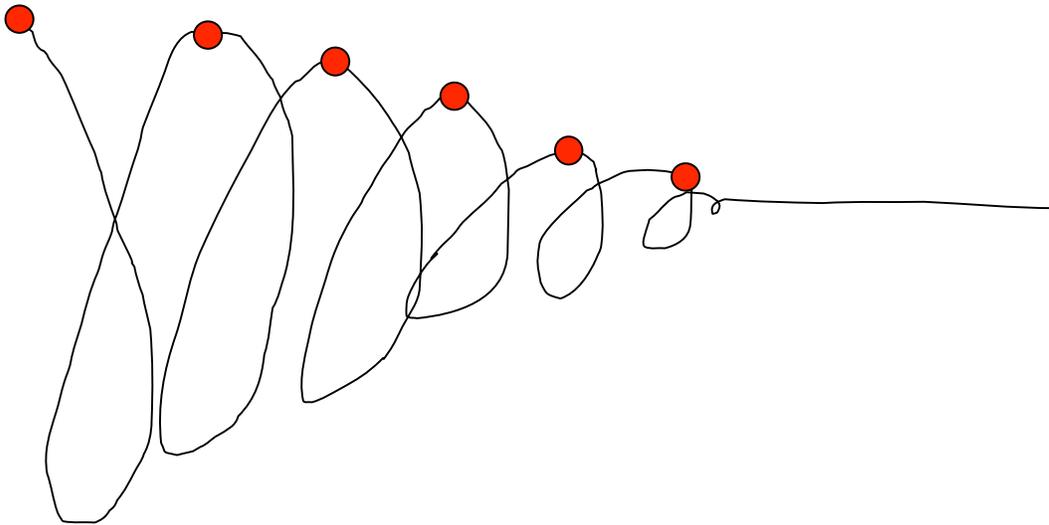
moment or there is a break in its energy, then suddenly something else can be heard behind the “noise of the traffic”, so to speak, or perhaps also within the noise of the traffic. The point is that it is the resonant frequency of life behind the seeming all-encompassing box of the wheel of sufferance which is an hallucination.

The nature of the human is at two levels: one could say the nature of the infant child is a constant background and on top of this is the nature of the human-adult and they are occurring together. The infant child, which psychology sometimes refers to as the “inner child”, really means the innate instinctive sense of a person beyond the show of the adult ideology on the surfaces. The adult is head-only, the infant is body and head, head being an extension of the body not the other way around. The infant quality requires no direction and in essence is already free, what hampers this however is the notion that the adult is what the world is all about. However, while the human infant is totally unheard, the inner nature resonates at the same frequency if you like with the original resonant sound of the universe-nature and is undistorted. The nature of the human-condition or dis-ease of individualism is really like a heavy distortion played over the top of a much greater sound. In fact the sound or resonance of the universe of the universe is like a billion-watt explosion in comparison to the crackling crisp-packet of human dis-ease distortion and because we are “tuned-in” to this that's all we hear. Tony describes the nature of the quality of resonance as *“the loudest thing in the room which No-one is listening to”*.

The distortion is within the larger resonant sound, it is completely One thing, yet to hear just the crisp-packet is a very narrow band-width which is exactly the band-width of the human condition, it's inside its own box.



The wheel seems like a linear model of understanding, seemingly very flat, however this is not so, actually it's like a spiral. Though time is a concept, we can use it as a cognitive model to understand the nature of the wheel's motion as it dies away, it is not constant.



The above represents a dis-ease pattern and the cyclical nature of its simply losing energy and dying away. Of course the whole process can be cut short at any point of the cycle but if it is not then this energetic draining is the more chronic route. The red dots indicate situations where a person will feel they have come around to the same place again, a bit like a déjà vu. However as one can see the situation is always different and new, even though it may feel the same, always with each cycle the pattern of dis-ease or energy becomes less and less at each turn of the wheel. When it gets to the flat line this can be called the end of the dis-ease state, which may be the end of the body's physical energy as well, or death, although this is not necessarily so, the dis-ease can end before the bodyspirit expression dies. All dis-ease patterns follow a similar sequence to the one above. The condition will generate from early age in an upwardly-building spiral, it will reach a peak and gradually the energy of the pattern will fall away. The energy of suffering at some time comes to a point of natural change and cannot keep going, even if this is a point of death or of insurmountable odds, either the pattern spirals out or it simply stops and the distortion ends. "Self" is never constant from moment to moment, therefore the whole dis-ease itself is impermanent, so there are cycles within cycles of moment to moment and day and night.

While this is not a solution in itself, it does bring about the realization that "I" am not in control of any of this. The process of the universe-nature is such that all forms of life, including that of the human with its dis-ease, is part of the whole expression and it will come to change just as everything else does, much like the ripening of a fruit or falling of autumn leaves. Those are preferable metaphors to the one most often used, that of the "flowering" of the human which has the connotation of something "better" occurring, whereas in the process of "evolution" nothing is in fact better or "more" evolved it is just different, it has changed form, what it will go back to is its origin. When the wheel stops, time and all association with "I", its story and "self" evaporate back into the soup from whence they came. While this always occurs at the point of death for everyone, though it can and does also occur before that for many people when there is an "in-phase" or resonance with the whole of nature rather than the smallness or narrowness of the human bandwidth. There is nothing to be "done" to get to this, as there is no "I" that can go about doing it. At such time as a letting-go or an openness occurs naturally as the wheel

slows to a stop, this creates an opening revealing Eden as it always was, in every moment. When the journey that manifested as an external and internal seeking and a travelling-without-moving on our own hamster-wheel ceases, and the energy of “self” is seen as uncertain, all that is left is what was always there, and the child can play freely again in the garden which in reality it has never left.



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