

Spontaneous order: how connection to the senses brings about natural structure and boundary, structure from freedom

I was very glad to be able to interview the tracker Tony Deis which inspired the following article.

“Doing” always seems to be the answer but in fact constantly falls short. In our society this manifests as what could broadly be described as two forms of dis-ease. Firstly, that of forceful wilful action (disease of the yang), which we could associate with totalitarianism or even utilitarianism, the “cause” is unimportant, it just explains that it is forceful and intended action. The second kind of “doing” is more hidden, a kind of passivity and an enforced stillness more a doing-nothing, although in fact there is a lot of self and suffering involved in this passivity (dis-ease of the yin).

Outside of that is to be found the peace of the way of nature. The above could be described as the blameless dis-ease of humans and something which is coming slowly to its conclusion or ripe point - an unravelling.

However, in society the yang dis-ease blames the yin dis-ease, or action blames passivity. Both are in fact blameless but the yang wants to find the problem and solve it and the yang self is expanded and judgmental rather than hidden and victimised, as in the yin dis-ease. Therefore the yang or the male dis-ease state dominates society in whatever form. There is a pure form of this, the male-male dis-ease which manifests as aggressive imposed order and ruling, the force of a commander or army-general or hierarchical boss. Then there is the female version of this which we might call male-female of yang within yin, which is about the use of control or power, or some form of taught structure or “work done” on oneself which will supposedly render us “eligible” through our good deeds to be an active member of society. This moralism is an extension of many religious ideas that, whilst not purely masculine, are nonetheless all about forming an artificial structure.

When we think or project a world view that is a utopian vision what do we see? If we are looking through the dis-ease forms of the humanitarian, the utilitarian or the now-losing-touch totalitarian we are always looking at huge global ideas and how to enforce them. However, when we look at the natural world we see something significantly different, not obscured by social analysis. Nature expresses a seemingly ordered structure, which in fact has associated number patterns, for example Fibonacci sequence etc. In all of this there is no commander-in-chief, no teacher or guide, no-one pulling the strings at all, just life happening as it is.

From archaeological finds we know that the human tribal size is about 30-150 people. More than this and a tribe becomes unwieldy and local resources can be easily drained, less than this and the tribe cannot fully function. So this is naturally the way of the human being. It is only over the last forty thousand years or so that the human has transformed into a non-tribal and ultimately nuclear existence which is purely the expression of a dis-ease state and a shift away from natural or "common sense" as Tony Deis puts it.

Living instinctually means that there is a very real sensitivity. The abstractions of a global community, a nation or culture, indeed of anything other than what is happening right now in the immediate environment are absolutely irrelevant. The 5 senses are simply all there is. There is no room for the human condition in any of its yin or yang disease states. It is at the very point of these senses occurring that all of life is ordered, this order is totally spontaneous and therefore totally free, it is not absolute or "achieved". Spontaneous order seems contradictory, one often assumes that order and structure are pre-planned or pre-thought but actually all of life is occurring as a forming and re-forming singularity, it is not many parts.

Therefore it is clear that freedom and structure are synonymous. People cannot be independent, independence just doesn't occur in nature. However more dense energy seems to form surfaces which can appear as independent units from one perspective. To one human another human looks like a bag of skin in the shape of a human, but if we retreat from the crowd those two can be seen as a cell of the body of humanity, and so on. However, none of this will have relevance for the seeming individual. The world is now gradually returning to spontaneous natural order, without resistance. When there is a letting-go and a connection to the senses all ambition drops away. There is nowhere to get to, no project to achieve, instead it's almost like going on auto-pilot. It's only the surface idea of "self" which denies that this is in fact already happening. So there's nowhere to get to, in order to be "automatic".

At every level from the sub-atomic to the universal there will always seem to be boundaries of dense energy which we can mistakenly view as "separate" when in fact separate doesn't exist. When the edges of things are not focused on then the mind changes, or perhaps when the "self" dissolves the edges of things are no longer of interest, the edges are just density of energy and the spaces are expanded energy - it is all One. This doesn't mean that edges are not respected, the dream-like abstraction of a world of pure "loving" interaction occurs because there can be both attraction and repulsion, both of which form natural order. In fact what occurs is simply natural interaction without intention, a pure, innocent expression similar to the way children interact.

The nature of the child is not to focus on borders and edges nor to see them as "separateness", there is therefore no "me in here" and "you in there". Expression occurs spontaneously without thought or pre-decision, simply based on feeling. For the infant child there is no body, there is no you or me, there is just life happening.

The world of "self" development fosters the notion of being loving towards others as an altruistic goal of self-responsibility, something borne out of humans trying to order society rather than allowing nature to lead. The word anarchy means without leadership or without force. When this comes about the human "self" resolves to the situation of what *is*, with all the senses felt in powerful multicolour.

Tony Deis explains that when a group is expressive of its nature then each member in the group is actually involved in the focused interest of a unified action/expression. This is

also well-known in artistic performances, most acutely in improvisation. There is no "I" at the centre or "my" responsibility but in fact by feeling the unity of the family around one there is no requirement to build up the boundary of the "self", it really is one for all and all for one, or in fact one being all and all being one. Tony explains that to focus in "me" and to do work on "me" perpetuates the notion of "me". Relief from this dis-ease seems to come when the feeling of separation within the tribe just drops away and each other's hands, mouths and feet act together as one. Togetherness does not mean a fusing of physicality, because there is a spectrum of Oneness which encompasses that which seems dense and that which seems immaterial. Togetherness does mean the end of a dominant, aggressive or judgmental system of morality, there is a way that life is lived freely and spontaneously ordered.

This of course occurs from the microcosm to the macrocosm and vice-versa. The healer Haruchika Noguchi echoes the message that the body naturally and spontaneously re-adjusts itself instinctually and the practitioner is merely a triggering process to this, this is really the health instinct, when there is a listening to the body it rectifies itself naturally. Society is the same. When there is no imposed order then there is a return to that which is instinctive or natural order. This is expressed in the Tao Te Ching:

Chapter 57

To govern a state/country requires legality

To wage a war requires intellect

But alignment with the Nature of the universe does not require taking this kind of action.

How is this known to be so?

Through it being so.

The greater the number of prohibitions and restrictions applied to people

The more suffering they endure

The sharper the weapons of the people of a state/country are

The more suffering in the land

The more intellectually ingenious the people are

The more bizarre and obscure their products become

The more laws and regulations

The more there are thieves and robbers.

Therefore Natural-human says:

When the "self" takes no action, people align with Natural-order

When Stillness is acknowledged, people align with innate authenticity

When there is no pre-intended action taken, people thrive

When there is no seeking/desire, people return to simplicity.

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