

## **Opposites and Similars: Differentiating the nature of allopathic and homeopathic principles**

In the study of medicine we often come across these very broad categories of approach, one called allopathy, i.e. treatment involving the balancing of opposite qualities of treatment methods versus the nature of the illness, and the other homeopathy where the treatment method uses the same qualities as the nature of the illness. In this article I will try to make the distinction very clear in order that these principles be used as a spectrum of tools of practice and used in the appropriate situation rather than what often seems to be a mish-mash of un-sensed usage of these medicines which can be contra-indicatory in application.

### *Allopathy*

This is the main root of medicine in most cultures and even in modern day practices. The treatment of opposites simply means finding the symptom, for example heat and inflammation, and using cooling as a treatment principle, or if there is a problem of cooling and chilling of the body the person is simply warmed up. This is a natural response and is something that gives relief for long periods. In Classical medicine allopathy is the foundational methodology. The diagnostic process always finds the most deficient area of the body and the application of allopathic tonification i.e. cooling to a hot body and heating to a cold body is inevitably what is called the “root-treatment”. This provides the quality of energetic needed to calm the contraction of “self” which is the root of dis-ease.

### *Homeopathy*

This principle is not something new to the process of medical application but is a very different form of medicine. Homeopathy is about the body being given something that it doesn't actually need or is in fact the key poison for the body administered in a small dose that will push the body just over the limit of its state of contraction into a cathartic release. This can take many forms, either fevers and sweating, or diarrhea and vomiting, or any number of other reactions but always a discharge of some kind. The resultant effect is also a realization that the body has become slightly more tense than it was before. So whereas allopathy adds to the body and tonifies, homeopathy creates discharge and uses up the body energy in the process. Allopathy has no side-effects at all but homeopathy is a side-effect in and of itself, in order to push the body to redress balance, such as causing sweating in order for the body to cool itself down. The difference in Allopathy is one would add cooling medicals to cool down heat.

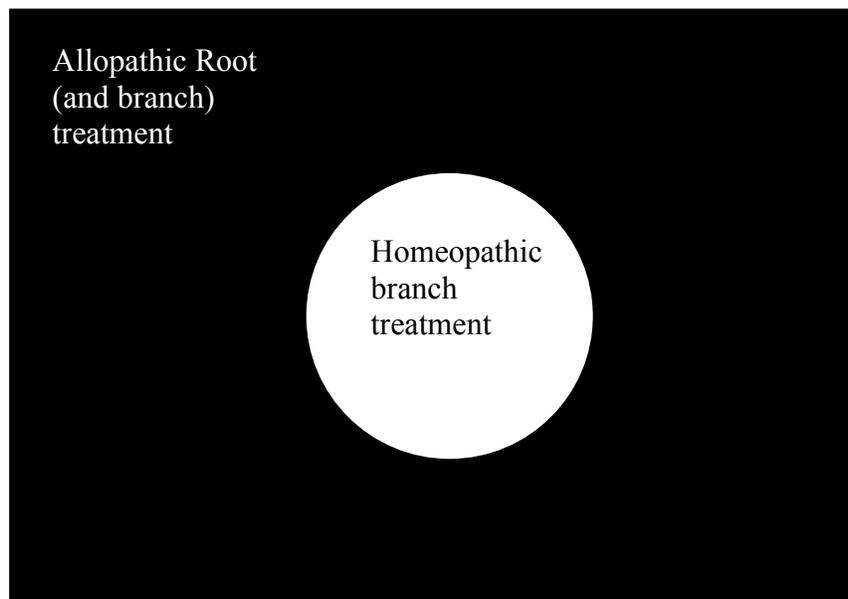
The use of homeopathy is therefore limited to situations where there is a lot of energy in the body and it can afford to let some of this go. When a person is completely depleted this process is inappropriate. Homeopathy has taken many forms over the centuries, in ancient medicine it would be the use of various herbs and methods that make the body sweat and that discharge either through vomiting, or through the stools or urine. Hot compresses, moxibustion (of certain types) and substances which are poisonous to the system are used to create a specific effect in order for the body to discharge. In many ways modern immunization is very much based on this technique energetically, as is the

whole area of homeopathic medicine that uses this principle exclusively and in a subtle way.

However, no matter what the principle of medicine, we have to use these tools at the appropriate time and in a way, which suits the person's condition. As a result we can say that all homeopathic principles can be used one as a supplementary treatment, but they don't treat the root of the problem. The reason I'm saying this is that the root of the problem is always a deficiency and as the process of homeopathy by nature has to deal with excesses of energy within the body and the discharging of these, it is always going to be the use of methods that are poisons and therefore opposite to the body's natural energetic of life, too much of these methods will kill the body.

Methods of treatment which draw out body energy, such as cupping therapy, bleeding and surgical procedures (outside of accident-injury) are also draining of the body's energy and so are cathartic, but catharsis by nature is opposite to the person's condition, if these processes are to be used appropriately, such as when the person is overheating and has excessive physical accumulations within the body. So there are methods of allopathic treatment that can move to the cathartic. However rather than homeopathic or allopathic we need to see medical tools as either tonifying, or as provisional of energetic quality, or as cathartically draining to the body. Homeopathy is entirely within the cathartic tools of medicine. It can be useful for immediately or quickly effecting severe high energy conditions and restoring balance but often the symptom will come back or change its dynamic unless the original weakness in the system is dealt with.

The medicine of allopathy is yin medicine, it is foundational and background, having to do with the root of the illness. Homeopathy is foreground and is a mapping of affecting patterns of symptoms without necessarily interest the mechanism of their origin. As a result it is symptom-focused and is part of branch-treatment or the treatment of symptoms. Both are a vital part of medicine but both need to be seen in relation to each other as such:-



This is not an attempt to play down homeopathic methods but rather to notice the role they play in the understanding of medicine and also to show why one can't use the two methods together at a systemic level. We use immunization in order to create a reaction in the body, rather than focusing on the body's own energetic strength to survive any situation and to adapt. This is the difference, homeopathy is outside-in, affecting the exterior to govern the interior, allopathy is inside-out, strengthening the interior so the exterior is cleared of problems.

When we look only at the symptoms and signs we only see the half of the picture which only presents the exterior of the problem that is occurring within the energetic body. When we understand the root region of weakness of the body energy we are no longer looking at the symptoms, which are really expressions of the "self" and the dis-ease in physical form, but instead we are pointing out to the body the regions that are numbed and have no energetic sense. When sense is rekindled in these regions the "self" immediately lessens in its effect and all symptoms diminish due to the fact that the body energy is now drawing in the opposite direction of the symptoms, the mental-emotional contraction is seen in context by the bodyspirit and this loosens the contraction.

Homeopathy in a way exaggerates the sense of "self" and so also the symptoms, until there is a breaking point and the body energy just rejects the additional load. This therefore is a very useful medicine for many dis-eases which are rife within modern society which involve any form of inflammatory response and overheating pattern. This is where homeopathic principle excels, in overcoming symptoms at an immediate level. What it will also do, although less effectively, is to restore warmth to a depleted body as this always requires the opposite. Hence not only can we define homeopathic principle as something that has to do with catharsis but also that catharsis itself will only be indicative in situations of overheating and inflammatory symptom response or in Chinese medicine yin deficiency based patterns. Thereafter the allopathy is applied to deal with the root of the formation of the inflammation symptoms. Allopathic methodology is always more appropriate for cold-based patterns or yang deficiency patterns.

In *all cases* dis-ease manifests most profoundly in the head and neck and from there affects the rest of the body, so when natural sense returns throughout the entire body there is a feeling of relief and letting go naturally without anyone doing anything. This is when healing occurs. Healing is any kind of relief and homeopathy can help to discharge to the point of relief when the body's energy is holding onto something it cannot discharge, such as in situations of intense heat and tension. When discharge occurs there is relief at one level, but for the origin to be dealt with the contraction to create the build up of energy came from originally requires the use of allopathic method.

The true meaning of allopathy is now ignored by modern western medicine, originally it was an energetic understanding that applied allopathic principles to symptoms rather than to the broader context of the whole body or in the systemic context. While allopathic methods for a patch of dry skin might be to use a moisturizer, in Classical medicine we would want to build the internal moisture not just apply this to the surface. This is the difference in the approach, but allopathy in its ideology all has the same root.

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