

The Origin of dis-ease: The spread of “individualism” from mother to child

The Origin of dis-ease is perhaps one of the most important concepts in all of medicine. Its fundamental nature is really the message passed on from mother to child of a sense of separateness. What does this mean?

When we consider the months of pregnancy mother and child are clearly One. In fact, nature has been giving birth for billions of years, starting with the universe itself. Mind-instigated interventions of “finding out what’s going on” such as scanning machines and invasive obstetrics are as a result of a fear of the unknown. Pregnancy is a mystery, it is the essence of the process which makes it that allows it to be what it is - an attunement to the unknown. These days, pregnancy is treated as an illness which has to be ‘cured’, but why should it be different from other natural processes? Unfortunately this is just another aspect of the sense of separation which human beings have, not realizing that all of this is out of their “personal” control. Pregnancy, as with all aspects of life, cannot be “maintained” or “controlled” by human ideology. It is to do with the nature of simply being and experiencing Oneness. The pregnant woman represents the expression of what all people are trying to sense again: the return to the Oneness with the mother. Every man and woman is born of women and the woman therefore represents, through her body, the return to Wholeness and Unity. However the key is that this Mother never left, this universal Mother with whom we are still *in utero*. The bubble of the universe expresses itself as a vast infinite Mother that holds all aspects of ourselves in Oneness, a total non-separation.

However, this sense has been lost, or rather masked, and as a result the sense of separation, fear and anxiety associated with this loss is passed on from mother to child. This ideology is also very much part of the misunderstanding of karma, the “incarnating soul” and of those who somehow wish to try and differentiate mother and child as early on as possible, even within the womb. This perpetuates the inevitable process of seeing birth as part of separation and the forming of an individual, which is the origin of the process of dis-ease, rather than a realization that the Oneness is simply transforming to a different shape, inside outwards, instead of being folded up internally. Unfortunately the focus of the process of looking towards the developing child, which will be given a name, a birth certificate, a personality that is “its own” and a sense of “self” which it wields throughout its life, is really arming the person for a life of being within the separate society of the current dis-ease of humanity in the world.

There is a great misconception between the idea of “becoming True-self”/“Individuation” and “individualism”. The nature of True-Self/Individuation **is** Oneness, hence, the expression of the True-Self means Oneness. The True Self is an inevitable consequence of the realization of Oneness, **not** of separating oneself off (individualism). Please note that this means everyone’s seeming “individual” expression is like being fingers of the same hand of Oneness. What is “experienced” by the “finger” is unity with the whole body. Very commonly these days this deeply ancient understanding is distorted into ideas about a “sense of self”, and hence a sense of “ego” or “self-image”. This is not a process

of healing but actually a process of creating an idea, which is an illusion. In many modern therapies the procedure is often to seek out and define a sense of “self”, which is actually the reverse of a healing approach. It may work with the modern worldview but the modern worldview *is* the dis-ease that is causing all forms of suffering and the sense of separation at the root. This is why the natural healer is inviting/dissolving into the sense of Oneness, rather than attempting to “do” something or effect a change. For women in pregnancy and for those caring for and assisting them, the constant background sense of nature and Oneness needs to be the main place of connection. Any ideas of separation may play out upon this field of background Stillness, but they do not disturb, because there is the realization of the whole. This is also how women can feel most deeply relaxed when birthing, if the background and context rather than surface detail are in focus, then all things are accepted, allowed and relaxed.

So what do we do? How do we change this sense of separation? I have no answer to these questions but will point out the situation as it stands. This in itself inevitably leads towards a total disillusion with the whole way society is conceived and structured. For example, people believing that the nuclear family has been a model that “works”, when everything we see around us proves that it has not. The same is true of personal health or personal wealth - of personal anything. These are seen to be positive and part of the “evolution” of society, of relating better towards one another. In fact, this is a fallacy. What has been going on for thousands of years is the movement of humans splitting off from the planet and its biorhythms, a splitting-off from their roots of Oneness. The current ideology that tribal people are somehow “under-evolved” is ignorant and arrogant, since they have interconnectedness, unity within social groups, non-monogamous relationships and are completely at peace with life. This is something overlooked by the majority, who believe they are on “the right path” of the scientific quest for “higher worlds” and “higher consciousness”. This type of thinking and belief is that which has set human beings against the world, it separates heaven from earth and sees evolution as a process that is human-driven.

There is no such thing as “choice”, “self-will”, “self”-consciousness, “self” of any kind, in fact, only a believed-in and identified-with illusion of the senses. This is the nature of Oneness. Though this may be greatly feared by some, thought “reductionist” by others and also considered to be “not practical”, not the “reality” we live in, by yet others, unfortunately it will always, *always*, be there, no matter how far one goes away from it. If it is not known to humans at any other time in their lives, then it will be known at the point of death, the great dissolver of all such misconceptions and the return to peace.

The origin of dis-ease is a passed-on process which continues and continues at this time. It is not yet ripe for humans to see that birth does not mean separation and that birth and death are part of Oneness. When people see these things, then at last a peace will come. Until that time each subsequent generation will be given this message of separation more and more acutely through the continual process of name-giving and ideas of separation during pregnancy, and not of the background Oneness that is the foundation of them. This, too, is part of the process because the weight or inertia of the sufferance of separation is so great with each generation, that at some point it will not be able to

function. The process will break down under its own top-heavy weight. Nature will find ways to prevent birth, for infertility to rise, due to this sense of separation, for alienation from the body and focus in the head to reach a breaking-point, until finally there is a realization of Oneness again. This may be one of the ways that some of us will move to the “ripe point”. Others will move into this more gradually or let go more easily but this is their ripeness; nothing really can be “done”, it is different for every aspect of the whole, and none is worse or better. However one can be sure that the tide is changing in this direction at this time, it is an apocalypse for the individual.

To know the origin of dis-ease is to recognize that with every touch, every way of expression, every action and every movement, nature lives through a person and if nature is manifesting as the illusion of separation, then this too will be passed on to others; it is in the way of things for this to occur. There will be those who encourage separation and the sensing of this, there will be those who encourage a sensing of the Oneness and a de-focusing on the individuality of the baby *in utero*. However, no matter which way we look towards separation, it will change in its own good time, through whatever suffering it needs, in order to unravel fully and expand as Oneness in the end. There is no answer to this, no way of doing it better. Telling mums that they are One with everything can only be heard if there is ripeness to hear it and very often it is known by them anyway.

Medicine is the trigger for that which is ripe to be expanded. The pregnant mother only requires medicine because of the mother’s ideas about the baby being separate from her. A baby only ever needs medicine because he/she feels there is separation from the mother, therefore causing anxiety. This is usually less of a problem if the mother understands that the baby is her possible connection to Nature and that her love for it and it for her is not personal but is deeply intimate, simultaneously. The mother most commonly needs to learn from the infant rather than the other way around in the society we are now in. When there is Oneness and a deep sense of it, there is never a time where this kind of problem for mother and baby exists. For example, let’s look at animals – if we see the animal as primitive and ourselves as superior we are losing the basic principle of life in the burning arrogance of our belief. If we see, even on an evolutionary platform, that humans and all other animals alive today are as evolved as each other, then we see the reality of it. Life is new, now; instinct, whether we like it or not, is health, and to heal is instinct. When will the time come that the human animal can at last be free of the shackles of its own “self” belief? Like a sharp cactus spine to the nose of a desert fox, he shakes his head wildly trying to relive the discomfort, but still it continues. We shake our heads wildly, like a canvas of a picture of Francis Bacon’s madmen, trying to take the images away, so we can sense again - yet the pricking of the pain still remains. Similarly with the barbaric ritual of circumcision of male or female, so the circumcision of the baby is the pre-formatting of it as an “individual”, it is being fed, held, looked at, and understood, as an individual.

The initial stare into the eyes of the baby from the mother renders deep peace and deep love because it is Oneness and is the deep uniting knowledge of freedom from the “norm” of societal nonsense, it is broken by the idea of separation and individuated souls. And so it must be, as Tony Parson’s has often suggested, “until it isn’t”.

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