

The natural cycle of partner-relationships: how relationships naturally change within life cycles.

To be clear about relationship from the beginning we must realize that either we can say “everything is relationship” or “nothing is relationship”, both are true. At the superficial level of life we experience the separate self and attempt to connect to other separate selves in things called relationships, but as explained in other articles this cannot be the case, there is only One relationship and that is of everything with itself. However in the superficial language of the adult-mind, relationships themselves have cycles.

Here I will deal primarily with partnership-type relationships involving sexual connection. If we look behind the social layer of ideas about relationships we find three main qualities of relation of energy to itself:

- a) provision or mother-child relationship: this is a one-way relationship from a mother or giving energy to a child, or receiving/drawing energy
- b) friendship: this is a similarity of resonances
- c) polarity: which is associated with opposite qualities attracting.

These are all happening constantly. One can be in energetic polarity with one’s mother or father and yet in brother-sister energetic connection with a spouse! The energy fundamentally backs everything.

As a result as the bodyspirit moves from youth to adulthood, then to old age and there is a difference in what is required at each stage. Obviously the first relationship which is energetically required is the mother-child in early life. This may or may not occur fully, dependent on the relationship energetically in the 3 kinds of relationships above, of mother to child and with the rest of the family. On the physical/food provision level, this is one process of mother-child, but with the communication and interaction energetics of personality, this may be very different as mother-child personalities may differ greatly.

As people grow up and move into a sexual connection to other bodyspirits there is a move towards opposition relationship or polarity-type partnership. This relates to finding that which is balancing to both the expression and the body, it is a movement to form unity. Life appears here to form parts of a greater whole, whereas one aspect is simply being receptive and the other active and they balance each other out timelessly. There is no process here, this is continually occurring and spontaneously in balance. There is no point at which this is separate from life, which is why it can’t be a “process” because nothing is going anywhere, there is simply interaction with life, perpetually fulfilling its “contract” of Oneness, of polar balance.

This continues throughout the period of time during which the energy of the body is most strongly activated from around early teens to early thirties. Thereafter there is a plateauing and then a movement towards the cooling off of the bodyspirit. This then tends to draw towards the brother-sister partnership, which is about friendship and understanding,

wherein there are no battles of communication, no lack of understanding or living in separate worlds which are the ingredients of the opposition relationships. Within those there is one life for one partner, another life for the other partner and a third life where there is a brief joining which does not necessarily derive from an understanding but relates more to bridging differences in order to form something larger, usually children. In friendship there is a sense that the partners reach a place where they no longer want to “waste energy” on opposition-type expressions, now there is a want to “settle-down” and this process needs also to occur. There is a stability and a sharing and a reflective quality that comes with this part of life.

These represent the three different qualities of relationship. Partnership related to opposition only occurs for a certain period of time, which interestingly is seldom calm or pleasant and can actually be quite dramatic as well as passionate. As opposite forces come together their reaction can be quite concussive before they die down. Relationships of friendship later in life are calmer and in some ways more deeply associated with seeing oneself as one is, and also with the movement to a healing position.

There appears to be a requirement for all three relationships to co-exist within one “chosen” partner in today’s “nuclear” idea of relationship and this causes big problems. Also the nature of the idea of possession and attempts to control are all part of an illusion of a separate “self” rather than an energetic interaction with all things. The three relationships are like a three-legged stool. If one leg is taken away, weight is transferred onto the other two legs, and if all the weight is applied on one then breakage is much more likely.

This is the kind of pressure associated with the “nuclear” relationship. If there is a balance of the people in life/tribe-community, with friends and those who interact at the same level of communication, those who are partners, who stimulate and who attract each other, who are energetically giving to us and us giving to others, then this makes for a completed picture. When things are tense it means that isolation or non-connection with balancing forces occurs and the energy builds up to connect to what is required, creating instinctual directions or movements in life for people who “leave” relationship and embrace new ways of living, which is all perfectly natural.

Although it can occur sooner, usually opposite relationships don’t last more than ten to twenty years before there is a compulsion to change. It is unlikely to take longer, as a person’s energetic expression when it grows and changes will become very different. Very often people try to find the “solution” to a relationship by attempting to change the person they are with, rather than realising that all the interactions in life, both human and non-human, are aspects of a whole relationship. There is always a sense of dissatisfaction especially at the fundamental level that stems from the notion of the individuated “separate” self, which is in fact illusory. Therefore as “self” is let go, so relationship doesn’t simply encompass one or two people who are possessed by ownership, but all of the universe together. This then becomes a purely instinctive interaction and no longer associated with ideas of what is “right for me” or what is “right for him/ her” as a thought-through process. As this becomes apparent, relationship

changes. There is no problem about the nature of having a partner who is qualitatively/energetically “not balancing” because other interactions will simply balance this out. However, what this does require is a total disregard for social norms and ideas which essentially are created by the adult-mind of separate “self”, as a product of and fundamental to suffering.

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