

The children of the revolution: The spectrum of expressions of the Non-dual and the return to the child-state

If we consider the original infant-instinctual nature is about simply the playful expression of energy or life. When “individuality” has naturally reached a limit and is let go of then what results is the very same infant expression that has been hidden by the mask of egoic-adulthood for a few decades. This re-discovery of child, now within an adult body-shape, has faculties of speech and cognition which are now used to express through, in a playfulness similar to that of a child. Interestingly the main feature of adulthood which is sexuality, is something that *can* be about playful connection which is not “adult”, in fact sexuality itself has been turned into “the adult industry”, something more than simply playful connection, when it then becomes fetishism.

Some of those who we might call “re-discovered-children” communicate easily, explaining to the world of the adult that they have lost the plot and they just need to play. Others don't express at all and simply go about doing what they like to do. The natures of “children” are all different, they may not all express verbally, there is no choice in how expressions are manifested, it is simply an act of life happening without impedance. Now, as a result of “liberation” or “realization”, i.e. the bubble of the sense of “self” bursting, there is no impedance and that's the only difference. Before there was contraction, with energy “battling” through, now there is peace with energy smoothly expressed. This is true of bodyspirit and mind inclusively as they are not separated.

From the world of the contracted-adult all of the expressions of the re-discovered-child are completely useless on the level of the cognitive process because the perception of a separate “adult-hood” is based on the mental-emotional belief which is perpetuated by engaging in words and labels, which are in themselves functions of the abstract mind in its quite natural process of separating things into parts. When it is part of the contracted adult, this process of the mind is seen as “being”, a separate part because the thoughts are identified, adhered or attached to a “self”. However, in the “rediscovered child” or in actual children around three to five years old there is just the game of mind, the kaleidoscope of mind, that separates things without the need for explanation or reason.

The Non-dualist/re-discovered-child expressions continue, as does the adult world, but the adult world is the dis-ease. The children are not understood by the adults but adults are understood by the re-discovered-children. Constantly the re-discovered-children engage with adults and ask them to play with them, it is a constant invitation, but usually the adults have more “important” things to do, such as worrying about ill health or the mortgage or the financial systems which “keep the world revolving”. Or the adults *want* to play with the children but they don't know “how” to “do” it, and so they look for a cognitive method with which to engage and then become fixated on it, like “learning” “how” to dance to music, or “how” to eat, or “how” to defecate! The adult finds it difficult to simply “feel” because they are constrained by “method” and emotive phobias.

This begs the question as to what makes an adult realize they are alive? Is it being around child-energy? Perhaps, but the child-energy is essentially unimpeded flow of nature which is far in the majority of the expression of the adult world within the universe. The adult energy within the universe equates to a single blade of cut grass within a field of growing grass. It is a radical and weird “out-there” concept. In the 1991 film “Hook” the Peter Pan story is retold from the perspective of the adult who has forgotten what it means to be spontaneous and alive and to “see” clearly. In a brilliant scene in the film the Lost Boys tuck into a mound of food which the now “adult-ified” Peter-Pan can no longer perceive. The children ask Peter to “play” once again and as he lets go, he forgets himself.

But what does it take to “get to” this place, which of course is in fact under our feet and has never left us? For Peter it took being beaten up by kids for a few days, which is key as the children-energy is an expression of life the nature. “Self” is resistance to this life and so this causes suffering and with this comes actual pain. This generally occurs until either the point of physical death when in a way, the person is “forced” to play, or within life when there is a ripening process that allows play to occur. So in the meantime does the Non-dual babble of the children, be they in re-discovered-children or actual child form, actually *help* the process of the adult to see something different? If we consider that the nature of the child and adult are fingers of the same hand, what is done to one is done to all, hence as liberation “occurs” the resonant frequency of contraction in the whole body of humanity simply lessens as it comes to fruition. Just like an overripe banana in a bowl will help all the other fruit relax and let go/ripen, so this is the nature of the Non-dual expression.

When something acts from instinct, instinct being the background perspective inclusive of the foreground, not JUST the foreground, everything around it has to respond to this. Similarly when it is from the contrived state of adult-contraction, although this is far less influential, it can only draw energy into contraction for short periods of time, then it has to let go again. Nature doesn't have the energy to hold contraction for long, the dream of “self” cannot endure. Instinct is a chain reaction of decay of “self”, contraction is a much more superficial chain reaction which entails the building up of “self”, and one that is now coming to the end of its stronghold as belief in it lessens.

Never before in the “story” of humanity has this actually occurred, and so the ripening process is like a domino-effect on the population, by degrees everyone is coming to this expression. We can say several things about the non-dual. If we move toward that which is similar to the nature of the infant, i.e. towards that which is an expression of the non-dual, the indigenous ways, the “primitive”, the lower body and the sense rather than the upper body and the cognition, then surely this movement is in itself the ripening and unraveling process of the adult becoming a child again. This is simply a move from the play and theatricals of the adult world, to simply play.

So fundamentally the process of non-duality is to decay away the outer shell or the mask of adulthood revealing the simplicity of childhood that has always underpinned it. The problem is not really to get out of “the matrix” but to realize there was always connection

to it, the matrix of life. It is the ideology of individuality that gives us the notion that there is “oppression” from which we need to “break free” but the “oppression” is that we are trying to impose order on everything, we are rigidifying the world rather than realizing that nature has spontaneous order. The imposed order simply acts like paper boat on a powerful sea, it is ridiculous as a concept. The child is the sea, the adult the boat. One can imagine a ladybird trying to pull a horse and cart, it’s the same idea.

So the Non-dualist speaker is simply a child speaking. In many ways it is the same as this:-

http://www.youtube.com/watch?v=_JmA2CIUvUY

The above is just as significant as any Non-dualist conversation you’ll come across although this meaning will be lost on the adult who thinks it’s “cute”, but that view is simply an adult narrowness about the nature of reality.

If we consider what we “got” from listening to the twins in this film it’s the same as what we would “get” from a non-dualist conversation, you leave with nothing. But there is also an unbridled and uncompromising expression here just as we see in the natural world.

Therefore one cannot really say that there is a better or worse expression of the non-dual, this would be like dividing the sketches of three year-olds into “good” and “bad”. However we can differentiate this from when an adult is pretending to be child-like, and this simply is what it is. It occurs when the speaker engages more with the cognitive and the upper body and it’s ideas and stories, concluding an ideal rather than an acceptance of no-thing. Whenever the message is more convoluted than the nature of what it’s like to be with a cat, a dog, or a child like the twins above, then it’s still adulthood but just in the guise of something else. Tony Parsons describes the complexity of the adult pretense of “being child-like” as the guru-mind or the want to be hierarchically superior and so provide expression of this. Just as the mother has no idea why her child smashed a china vase, there was no “reason” for it, it’s totally “unreasonable”, that is just the nature of it, in the same way the non-dualist speaker cannot give reason for the drive and impetus of expressing their message other than it being just “playing”.

However, as the cognitive abstraction-fixation of the adult drops away, the child nature is revealed and naturally this child-nature goes back to nature, so to speak. It is instinctual for there to be movement to natural congruence, rather than the industrialized environment. This is not based on idealism but a realism of sense. It is natural to move away from this, towards communion with nature and other people, clean air, feeling and sensing the world and engaging with it. This might be called “preference” of the bodyspirit mechanism, or simply “sensitivity”, but this is simply responded to spontaneously as the child would. This is why there is such a unity in what we are talking about with the expression of the indigenous tribes who are by nature the child and the non-dual. This is not necessarily a sought-after thing, but it is a natural response like a magnet towards that which resonates with the senses, like choosing something fresh in a market rather than something rotten, it’s an immediate sense of direction towards what

feels most comfortable. This could be called “right-action” or Righteous action/infant or innocent action or non-intended action/spontaneous action-response but this is innate and very different from the adult version, which is self-righteousness reaction.

If we can recognise our children as the *real foundation* of being, and the adult way as pretence, then the interest in Non-dualist speakers would be greatly reduced. If our senses revealed that in the human realm it is the child who fundamentally can “lead the way”, this altered perception would unravel the adult in an instant. It is often a masculine expression that requires one to *speak* the truth, in fact the truth is already in every breath, so the less that is spoken and the more there is connection to the senses, the more realisation will occur that verbal communication carries little weight and is simply an expression of energy. Sometimes “nonsense” makes more sense than what the adult believes to be true, as with for example, Lewis Carroll, the Goons, Edward Lear, Rene Magritte etc. When the sensory and expressive (bodyspirit) becomes the foundational resulting from simple awareness and the realisation that this underlies cognition (mind), then pretence (contracted-adult) is uprooted. This is not a method, simply observation of nature and understanding why medicine developed in the way it did in correspondence with the human being. Medicine is the child’s channel of communication to the adult world.

Health instinct is about the realization of the innate non-conceptual nature. The process of talking endlessly about the nature of “self” and the “non-self” is fine but because it delivers its expression from the cognitive level is less likely to be connected to by adults than the more sensory expression. We know energetically that because the upper and above region of the adult is so overburdened therefore the lower and physical sensory region is in relative deficit. It is here where there is a detachment, which in its reconnection, an embrace of the whole is wrought. Herein there are less words, less thinking, less doing, less speaking, less imagining, less trying, just being.

When Non-dualist speakers talk of moments of clarity it is always associated with some sort of bodily sense becoming everything and very often it is connected to the feet or kinesthetic sense, it can of course be visual or auditory but often it is a feeling. This marks the base level, the underpinning of something changing from below to above rather than from above to below, although the latter of course can happen too. Dependent on the seeker-energy/ person and the speaker there will be a match of child-aspect-of-the-universe to adult, the “right”/resonant child speaker for the “right”/resonant adult. There is perhaps a resonance of the outer shell of expression which enables an acceptance or letting-go/trust to occur more easily, which is exactly the process of all therapeutics.

However for most people the nature of contraction of the upper body is impenetrable and it is through the situation of being “taken by surprise”, so to speak, through the uprooting in the sensory not the cognitive, that change can take place when the time is ripe.

This is no method expressed here, just the realization of the spectrum of speaker-non-dualist-children and the spectrum of dualist-adults and the realization that the children underpin the adults and “outnumber” them in a very metaphorical sense:-

The Child-State/
Non-dual

The
apparent
adult
duality

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