

## **The Autistic society: Dis-connected birth, the foundation of the sense of separation and nature's contraceptive.**

(This article is based on the combined expression of Liliana Lammers and Michel Odent, please see <http://www.paramanadoula.com>) to investigate the way of the true nature of the doula)

Michel Odent's interest and investigations into the statistics and correspondences around the nature of the different issues involved in birth are extensive. One particular issue stands out as key to society in many ways and could be an answer to the hitherto unanswered mystery of the nature of the difficulty of the autistic state.

Autism is unlikely to have had a long-term history in humanity, this dis-ease would not have been around, say, 10,000 plus years ago, it is likely to be a problem of our time and exists from birth. The nature of this dis-ease is key to understanding the human condition in a profound way. Michel Odent points out that statistically more autistic children are born via C-section. He also explains that the nature of C-section obviously isn't as "normal" as it is purported to be. The important point is that if, for whatever reason, the baby isn't born via the birth canal there is no natural energetic build-up and peaking of the birth process and at the point of birth there is therefore no trigger for a whole manner of different sensory development functions. I feel it may emphasize or highlight other functions, explored below.

As a rule the autistic person often has a great aptitude for one specific thing, highlighting a very narrow bandwidth of usually highly analytic thinking. It is not uncommon that many people who are considered intellectual geniuses and great developers of industry are on the autistic spectrum. Autism isn't just a thing you have or don't have, in fact the purpose of this article is to suggest that the whole of society is on the autistic spectrum and in a way the whole of the human-condition is really autism. Autism isn't someone else's problem, it is a global expression of the human condition, the full expression of the state of a sense of separation. The sense of separation, which is the original sense of "I" or "self", has been the subject of many articles on this website. Usually this develops after a brief period of Eden-like bliss which lasts from about 0-3 years until more and more of a sense of "me" kicks in. The nature of the autistic child from newborn is not to recognize anything but this sense of "I", or at least have an immediate sense of shock or separation, which C-section birth and the surgical-like separation from mother would also suggest. It is almost an inbuilt total-internal-reflection of the senses. This creates an inner world, or seeming inner world, that others cannot enter.

The most difficult situation for the autistic person is interaction with other humans, who not only have an unnatural learned social expectation but also a natural interest to engage with other humans. The autistic person doesn't have this interest or it is hidden and the focus of his/her attention, although importantly it is more commonly a male dis-ease, is in the nature of objects or things that relate to the inner world. The difficulty with this for other people is that they can feel shunned or that the autistic person isn't interested in them. Inevitably autistic people can be reclusive and not spend time with others that only

confirms or rigidifies their situation. What I am talking about here occurs to different degrees and is the nature of the whole way in which society is run. When a sense of separation is regarded as “normal” and easily dealt with, then this spells the end of the human race. The nature of separation is profound in very autistic people, to the extent that there is a total disinterest in anything else, some people with very severe autism can be in catatonic states of internalization.

The autistic person points the way to the direction humanity is going. The nature of C-section may well be a contributing factor in creating the initial sense of separation that stops the functioning of vital components in the child’s physicality and body in early life. This then focuses attention to the very top of the head or the “neo-cortex” of the brain that is where “higher-order” thought is suggested to occur. This hyper-focusing, possibly instigated by the C-section itself and/or drugs like synthetic Oxytocin used to induce labour and/or the use of antibiotics used in many births may all contribute to this situation. Medicines coming from a fragmented scientific mind-set affect this same quality within us. However the main point is that because natural processes have not occurred and intervention is used there is a process that forces a sense of separation at an early stage of infancy. The huge power of the energy of birth is utterly lost when interventions are used. When this natural flowering of birth doesn't occur it's like attempting to birth from a budded state before there is a ripeness to the process. To some degree the baby is still in a sleep-state in the womb and parts of it are forced to function prematurely. The same “bits” that created the ideology of C-section and which formulated the drugs that create forced induction of labour stem from the intricacy of the analytic process of the mind which is the main area from whence “self” is sparked. So the autistic person is born from this and into a world where this is how he/ she senses the world to be. This is quite a fearful place so it isn't surprising that there can be a lot of fearful or aggressive expressions from such children, seemingly without reason, as adjudged by the exterior world. The immediate separation of C-section babies from the mother and the instantaneous disconnect from skin contact often results in the mother's rejection of her baby and her dissociation from it. Sure, we can learn “this is wrong” and then do what a mother “should do” but this is utterly false and does not come from a naturally felt response which has not occurred because birth has not occurred naturally. The energetic of birth binds mother and baby from the outset, whereas C-section can very often separate them. How can society be expected to re-create itself where the energetics of engagement are neutralized and clinicalized into a severe disconnectedness and impersonal process?

If we look at some comparison of not commonly grouped states of congenital issues from the energetic perspective, autism is contrary to the nature of Down's Syndrome, Attention Deficit Disorder and Dyslexia whereby the functionality of the analytic mind is often impaired or lessened. These people show a reactionary opposition to the “normalcy” of the world as it goes on, they are anarchic to society and tend not to live well in it. However the autistic person is the future, it's what society will become if it continues down its narrow route, the relevance of relationships between people will decrease, with people moving into shells of “selfhood” and becoming less and less physically active. Dyspraxia could be considered here as partially akin to autism and the

focus more in very specific modes of being which are obsessive, such as obsessive-compulsive disorder also relate here to autism. That which goes with the state of the industrial society, that sees humans as machines is what forms the nature of autism. While it may well be that C-sections are a key contributory factor, it is the whole energetic expression of separation which is gradually wearing away at the human-animal nature. Down's, ATD and Dyslexia show a different expression which is one of breaking down the structures imposed by society, these in a sense are the anarchists and the Autistics are the imprisoned reformists, unknown and perhaps less able to sense that anything lies beyond the construct of "self-hood".

It is a sad situation when the human expression breaks down to the level where this occurs spontaneously, humans born seemingly without the need for other humans. Of course this poses a more important general consideration, in that there is currently a vastly increasing size in the population. Humans passed the 7 billion mark only a few weeks ago, and at this rate of exponential doubling it will only be a few decades before the population will reach 14 billion, although there are already signs of strain. The nature of this growth is due many to humans' forceful manipulation of the environment rather than on their great success in surviving. Any effective being will live in balance with nature, but the human goes beyond its balance point and as such over-populates and totally disrupts the environment around it like a fire raging out of control. This is the nature of the "self" or the fire of the mind, the madness of the human-condition, but in the fire burns itself out and the expression of autism is just this. The human can only go so far with its ritualized nature of repression of the animal-instinctual nature and creating numbness from the world around itself. The expressions of autism are really about the numbing of the human body from the environment, a total enclosing, essentially death.

As the society we live in becomes more and more "autistic", more and more focused in just the top of the head and the visual aspects, not interested in any other aspect of the body, to the detriment of other sensory inputs, then it becomes ever more scientific and interested in observation of objects. Life is lived as if at a distance, there is no interaction, it is very impersonal and not at all intimate. It is very much a warped-masculine expression, there is no femininity left here.

Michel Odent's findings point to a cutting truth about the human condition, to a situation towards which society is plummeting at high velocity. Without a return in every way of connecting to the instinctual nature of the human-animal, including the birthing process, the human is doomed to extinction. In a society of people who are fundamentally autistic there is no possibility for society to constructively reproduce and what seems today like a disastrous situation of over-reproduction could easily swing to the opposite extreme, of a society threatened by extinction through infertility and low reproduction. It is possible that as infertility rates grow with the population explosion there may come a point where only a few people can actually have children. Indeed the autistic spectrum may change whereby it would be strange *not* to have signs of mild autism, which is almost a prerequisite for people involved in the IT industry or those who have to sit behind a computer desk all day long. In fact industry demands the autistic child, it is a product of our times, like modern art. Psychopathy, Asberger's, Dissociative disorders and Autism

are all part of the expression of nature's contraceptive, in that there is difficulty for these people in creating a relationship and also that the nature of sense of separation experienced in these states is bound to result in their having shorter lifespans.

The natural birthing method is deeply anarchic to the society we live in. It breaks down all the structures that society inputs. The nature of life that is created when children are born vaginally, with all that that entails, is wild, it creates wild children. China is renowned for implementing C-section births and indeed the practice is becoming widespread all over the world. Within such conformist regimes the nature of the autistic person thrives, for this is the stuff of industry. However this is also the end of the human. Perhaps this is nature's method of balancing over-population and eventually only those humans who are still able to reconnect to nature will be left in existence, which may equal population levels of pre-historic times. The peak of oil production may well be coincident with the peak of the human population and then it's a downward slide.

In the amazingly interesting story of the 2009 documentary film called "The Horse Boy" we follow a couple and their autistic child asking help from the reindeer shamans of Mongolia, illustrating that not only do the shamans recognize something at birth was the key problem in the child's development, but also that his nature is awakened when there is constant and intimate contact with nature and animals. When the autistic person is placed back into a natural environment, and is constantly in contact with animals and tender parental connection, allowed to respond to nature and to have a sense of freedom from a very early age this brings them closer to re-connecting with the animal nature from which they have been excised by the society into which they were born. In the process of showing what is beneficial for this autistic boy we can recognize what all of society requires in order to return home.

Autism when lived with day to day and understood is not as clear-cut and general as I am describing here but in the broad/general view we can recognise and understand patterns which otherwise would be missed, rather than looking specifically as this can blind us. The point made here is really that everyone who has a sense of "I" is to some degree autistic and is losing touch with nature and life, they certainly have more connection with the top of their head than the soles of their feet. When autism is recognized to be something that is with every person and that it is an initial illusion which gathers more and more momentum till our children are born with the dissociation we already carry, we may then possibly realise how vitally important it is for us to deeply sense in order to connect to life again. When fire and water mix we call this life, the intimate and the impersonal. When all there is is the impersonal then all there is, is death. There is no good or bad, right or wrong, this is the energetic mechanism not the answer. There is no known answer, it has to come from what is the mystery of nature.

David Nassim  
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